

More Than a Ride: The People Behind the Wheel

The faces in this photo represent more than drivers. They are neighbors, advocates, and fellow seniors who understand the importance of staying connected to the people, places, and services that help us live independently.

For more than 40 years, our transportation program has helped Capital Region seniors get where they need to go. But the impact extends far beyond the ride itself. A trip to a medical appointment, grocery store, or community event often means maintaining independence, staying connected, and avoiding isolation.

Many of our drivers are seniors themselves. Their compassion and commitment have helped thousands of older adults remain active and engaged in their communities over the decades. Like many organizations, we've faced challenges along the way, but our mission remains unchanged. The need for

senior transportation continues to grow, and we cannot meet that need alone. Whether through a financial contribution, sponsorship, volunteer service, or simply helping spread awareness, community support plays a vital role in keeping seniors connected to the people, places, and resources they depend on every day.

Because transportation isn't just about getting from A to B, it's about connection, independence, and quality of life.

You can make a donation to CSSC's Transportation Services online at <https://colonieseniors.org/product/make-a-gift/> or mail your check to Colonie Senior Service Centers, Inc., 6 Winners Circle, Albany, NY 12205.

We thank you in advance for your consideration and generosity.

DONATE ONLINE!



Message from the Executive Director

As we approach Independence Day this year, I've found myself thinking a lot about what this celebration means, especially as our country prepares to mark its 250th anniversary.

I can still vividly remember celebrating the Bicentennial in 1976 as a six-year-old child. In my hometown, there was a parade filled with excitement, music, and patriotic pride. That evening, my family gathered to watch fireworks light up the summer sky. I remember feeling joy, wonder, and a strong sense of community. Those memories have stayed with me all these years.



Noelle Schmidt, CSSC's Executive and her brother Ryan at the Bicentennial 4th of July Parade in Kingston, New York, 1976!

This summer feels a little different. Like many people, I've watched the excitement building around the large celebrations planned in New York City and elsewhere, and I realized I didn't quite make plans in time to be part of those big events. But the more I thought about it, the more I realized that maybe the heart of the holiday isn't about the biggest display or the grandest event.

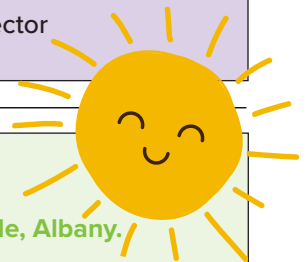
Maybe it's simply about spending time with the people, and even pets, we love most. This year, I'm looking forward to enjoying a quiet and meaningful holiday with my husband, family, friends, and our dog Theo. Sometimes the best celebrations are the simple ones: sharing a meal, sitting outside on a warm summer evening, listening to music, watching fireworks from afar, or simply being together.

I hope each member of our senior community finds their own favorite way to celebrate this Fourth of July, whether that means attending a local event, gathering with loved ones, reflecting on cherished memories, or simply enjoying the beauty of the summer season.

At CSSC, we also have something exciting just around the corner: our Summerfest celebration on Monday, June 22nd. This will be my very first Summerfest, and I've heard wonderful things about this annual tradition. I'm looking forward to an afternoon filled with live music, great food, games, laughter, and all the fun that summer brings. Events like these remind us how important community connections are and how much joy can be found in coming together.

As always, thank you for being part of our community. I wish everyone a safe, happy, and meaningful summer season.

– Noelle Schmidt, CSSC Executive Director



Let's Celebrate Summer!

Monday, June 22, 2026 from 2:00 p.m. – 5:00 p.m. at The Beltrone Living Center, 6 Winners Circle, Albany.

Please join Colonie Senior Service Centers, Inc. for our Annual Summerfest, a vibrant senior community block party open to the public! Summerfest is a fantastic way to kick off the beginning of the summer season featuring, live music, vendors and fun activities with **FREE** Admission.

Bring your lawn chair, dancing shoes and appetite.

Live music in the south end pond gazebo, all afternoon, will include the Bronte Roman Band and Band of Gold. Additionally, there will be games and activities. Summertime themed food and beverage will be available for purchase by Mazzone Hospitality.

We hope to see you there!



Bronte Roman Band



Band of Gold



July 23rd
Drive Thru
Dinner is
Lobster Roll!

June's Community Drive Thru Dinner

Thursday, June 18th, from 4:00 p.m. to 5:00 p.m.
Pick-up at The Beltrone Living Center

Menu

- Marinated Tomato Salad
- Corn on the Cob
- BBQ Chicken and Ribs (Chicken Leg and Thigh)
- Cole Slaw
- Cornbread
- Pecan Pie

This wonderful drive thru meal is available to anyone in the community. Reservations are required and the cost is \$25 (cash/check) or \$25.75 (Credit) per meal. To make a reservation, please call 518-459-2857, ext. 340.

CSSC will be closed on Friday, June 19th in Observance of Juneteenth

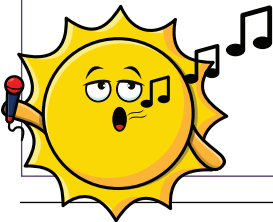
Let's Celebrate Dad!

Father's Day is a wonderful opportunity to show appreciation for all the love, support and guidance dads provide. Whether it is a heartfelt card, a thoughtful gift, or simply spending quality time together, it is a chance to honor the important role fathers play in our lives. Let us make Father's Day an unforgettable celebration of the remarkable men, past and present, who have shaped our lives with their unwavering love and guidance.



Total Glee Sunshine Singers

Whether you've sung for years, or this is your first time singing, this choir will be fun for everyone. No singing experience required, just a desire to make music and have a good time. In the Activities Room at The Beltrone.



Mondays, 3:15 p.m. — 4:15 p.m.

Free for members. Registration required.

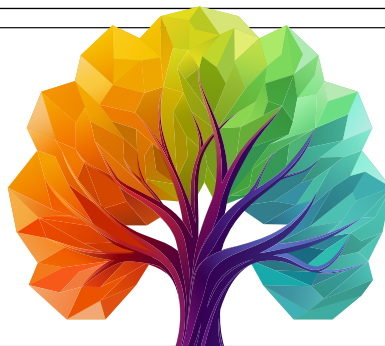
Total Glee concert:

Tuesday, June 30th, 3:00 p.m. at KTSC II.



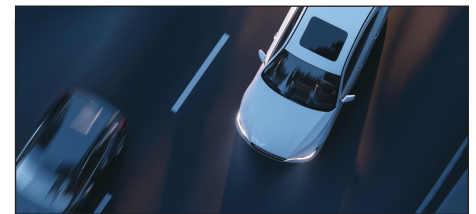
Neighbor Helping Neighbor

As an agency, CSSC continues to support local residents as a good neighbor. In partnership with the Regional Food Bank, our monthly food distribution day helps those in need. Join us on Thursday, June 11th from approximately 10:30 a.m. – 11:30 a.m. at The Beltrone Living Center. Please bring your own reusable grocery bag. We ask for your patience and kindness to be extended to all involved. We do our best to ensure that everyone in attendance receives assistance. **Thank you.**



Aging with Pride

Colonie Senior Service Centers, Inc. partners with the Pride Center of the Capital Region to help host Aging with Pride. This is a monthly group for LGBTQ+ folks 55+ designed to allow participants to connect with each other and build community in a safe and accepting space. Join us Friday, June 12th from 10:00 a.m. to 12:00 noon at The Beltrone Living Center, 6 Winners Circle, Albany



Defensive Driving Classes

Richard Burt, CSSC's Driver Fitness Coordinator,

will conduct Defensive Driving Classes on the following dates: Classes at The Beltrone Living Center, 6 Winners Circle, Albany, NY.

- **Tuesday, July 7, 2026** from 9:00 a.m. to 3:30 p.m.
- **Saturday, July 11, 2026** from 9:00 a.m. to 3:30 p.m.

Cost is credit \$25.75; cash \$25, due before day of class. To reserve your seat, call 518-459-2857, ext. 340.

CSSC Mission Statement

The mission of Colonie Senior Service Centers, Inc. (CSSC) is to provide comprehensive services to those in our community who are in or approaching their mature years, and to provide support and services to their families and caregivers.

Through these services, CSSC strives to ensure the physical, mental, emotional and financial well-being of our participants, improve the quality of life, and to enhance the structure and stability of our community as a whole.

Directory

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Colonie Senior Service Centers, Inc.

6 Winners Circle
Albany, NY 12205

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Senior Dining Program

CSSC Congregate Meal Program June 2026

Join us for a hot meal at The Beltrone Living Center Monday – Friday at Noon. This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living and participant contributions. Suggested participant contribution is \$3.00 for food, and \$3.00 for entertainment. Registration and Reservations are Required for this program. Please call 518-459-2857 ext 303.

Walkins may be limited or not permitted certain days. Please RSVP to ensure your spot at lunch. Please, also call to cancel if you cannot make it.

Special Lunch on Friday, June 5th at Noon:

Come enjoy tunes from one-man band "As Iz"!

Special Dinner on Monday, June 15th

at 5:00 p.m.: Come enjoy a energetic performance by "The Little Zippers" Lucia & Levi.

June 2026 Menu

items are subject to change

6/1	Meat Lasagna (New)
6/2	Beef Tips
6/3	Roasted Red Peppers & Sausage Pizza (New)
6/4	Lemon Garlic Baked Cod (New)
6/5	Special Lunch – Chicken Florentine (New)
6/8	Swedish Meatballs
6/9	Goulash
6/10	Minestrone Soup & Turkey Sand (New)
6/11	BBQ Chicken (New)
6/12	Mac & Cheese (New, Veg)
6/15	Chili Con Carne
6/15	Special Dinner – Meatloaf
6/16	Penne & Meatballs
6/17	Sweet & Sour Chicken
6/18	Eggplant Parmesan
6/19	CLOSED
6/22	Chicken & Biscuits
6/23	Meatloaf
6/24	Beef & Broccoli
6/25	Broccoli Cheddar Quiche (Veg)
6/26	Crab Cakes
6/29	Baked Ziti (Veg)
6/30	Chicken Cacciatore