

Welcome to

CSSC, Inc. was established in 1981 as a duly authorized 501(c)(3) not-for-profit corporation



Community Lunch

June

**DOORS OPEN 11:30
LUNCH SERVED
PROMPTLY AT NOON**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6/1 N</p> <p>Meat Lasagna Strawberry Spinach Salad Fruit Cup Chocolate Chip Cookie</p>	<p>6/2</p> <p>Beef Tips in Gravy over Egg Noodles Broccoli Chickpea Salad Juice Sherbet</p>	<p>6/3 N</p> <p>Roasted Red Pepper & Sausage Pizza Zucchini Caesar Salad Ice Cream</p>	<p>6/4 N</p> <p>Lemon Garlic Baked Cod Roasted Potatoes Green Salad Sugar Cookie</p>	<p>Special Lunch 6/5 N</p> <p>Chicken Florentine Brown Rice Carrot Raisin Salad Fruit Cup Berries & Cream</p>
<p>6/8</p> <p>Swedish Meatballs over Egg Noodles Broccoli Green Salad Fruit Cup Brownie</p>	<p>6/9 F</p> <p>Goulash Green Beans Whole Orange Chocolate Chip Cookie</p>	<p>6/10 N</p> <p>Minestrone Soup Turkey & Swiss Sandwich Caesar Salad Applesauce Sherbet</p>	<p>6/11 N</p> <p>BBQ Chicken Breast Roasted Potatoes Carrots Corn Salad Juice Pudding</p>	<p>6/12 N</p> <p>Macaroni & Cheese Spinach Mandarin Salad Fruit Juice Berries & Cream</p>
<p>6/15 Lunch Chili Con Carne</p> <p>6/15 Special Dinner</p> <p>LUNCH Meatloaf (see back) DINNER</p>	<p>6/16</p> <p>Penne & Meatballs Strawberry Spinach Salad Fruit Cup Ice Cream</p>	<p>6/17</p> <p>Sweet & Sour Chicken Brown Rice Green Salad Applesauce Cookie</p>	<p>6/18 F V</p> <p>Eggplant Parmesan Ziti w/Marinara Caesar Salad Fruit Juice Sherbet</p>	<p>6/19 CLOSED</p> <p>JUNETEENTH FREEDOM DAY</p>
<p>6/22</p> <p>Chicken & Biscuits Green Beans Chickpea Salad Berries & Cream <i>Come back later for Summerfest From 2:00-5:00PM</i></p>	<p>6/23</p> <p>Meatloaf Mashed Potatoes Carrots Corn Salad Chocolate Chip Cookie</p>	<p>6/24</p> <p>Beef & Broccoli Brown Rice Spinach Mandarin Salad Juice Ice Cream</p>	<p>6/25 V</p> <p>Broccoli Cheddar Quiche O'Brien Potatoes Caesar Salad Fruit Cup Oatmeal Raisin Cookie</p>	<p>6/26</p> <p>Crab Cakes Rice Pilaf Carrots Cole Slaw Berries & Cream</p>
<p>6/29 V</p> <p>Baked Ziti Caesar Salad Applesauce Sherbet</p>	<p>6/30</p> <p>Chicken Cacciatore Penne Marinara Peas Green Salad Pudding</p>	<p><u>Lunch Reminder</u> Be sure to RSVP, <i>limited walk-ins are permitted.</i> Please, also <u>cancel</u> if you can't make it! 518-459-2857 x 303</p>	<p>Name(s): _____</p> <p>Phone#: _____</p> <p><i>Please Indicate Tuna, Egg or Yogurt Clearly Each Day</i></p>	

Please call 518-459-2857 ext. 303 with reservations by 12 noon of the previous business day.

V = VEGETARIAN **F** = FAVORITE **N** = NEW ITEM *Meal Alternatives Not Available for Special Dinner*



RSVP & CANCEL by no later than 12PM BUISNESS DAY BEFORE 518— 459—2857 ext 303

Special Lunch Friday, June 5th at 12:00 Noon

Come enjoy the tunes of one-man band “As-Iz” and a new menu item, Chicken Florentine!

*RSVPs are required by Thursday, June 4th at 12PM
Suggested donation of \$3 for lunch, and \$3 for music*



Special Dinner Monday, June 15th at 5:00PM (doors 4:30)

Come enjoy an energetic performance by “The Little Zippers” Lucia & Levi! Dinner served will be Meatloaf, Mashed Potatoes, Carrots, Green Salad, & Lemon Meringue Pie!

RSVPs due Friday, June 12th by 12PM.

Suggested Donation of \$3.00 for dinner and \$3.00 for music.



RSVP/CANCEL BY 12PM BUISNESS DAY BEFORE 5 1 8 - 4 5 9 - 2 8 5 7 X 3 0 3

This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living and participant contributions.

This program is an equal opportunity provider.

Also available for lunch (Must Order Day Before): Tuna Salad Plate (tuna salad over green salad), Egg Salad Plate (egg salad over green salad) or Yogurt & Fruit Plate (yogurt, granola, fresh fruit) *CANNOT ORDER Cold plates for dinner *

Contributions are used to expand our lunch programs.

**Suggested Contribution: \$3, plus \$3 for entertainment.
Guests and under 60 are \$11 for lunch and dinner.**