



## Celtic Holiday Concert

**Monday, December 1<sup>st</sup>, 2025,  
3:30 PM to 5:00 P.M.**

Join CSSC on Monday, December 1<sup>st</sup> at 3:30 p.m. as we welcome Triskele back to The Beltrone for a Celtic Holiday Concert.

Triskele, [pronounced Tris-Kay-lee] is an all-female Celtic band out of Albany. They are known for their stunning harmonies, singing the Gaelic language and for their Irish wit. These ladies perform traditional, original and some modern Celtic/Irish music. Triskele not only revitalizes the Gaelic language, but weaves history and traditions about growing up in Ireland lending a deeper appreciation of aural history.

During the concert there will be a Common Roots tasting.



This event is free, open to the public, and graciously underwritten by the Albany County Arts Alliance. No reservations required. For additional information, please contact Madelyn at 518-459-2857 ext. 340.



## Mendelssohn Club Concert – Tree Lighting

**Wednesday, December 3<sup>rd</sup>, 2025,  
5:30 P.M.**

On Wednesday, December 3<sup>rd</sup> at 5:30 p.m., Colonie Senior Service Centers will be holding its Annual Free Holiday Concert with the Mendelssohn Club of Albany and Tree Lighting at The Beltrone Living Center, 6 Winners Circle, Albany.

In addition to the official lighting of The Beltrone Living Center holiday tree, the Mendelssohn Club of Albany will perform a beautifully appropriate set of songs to welcome the 2025 holiday season. Refreshments will be served.

This event is free, open to the public, and graciously underwritten by the Albany County Arts Alliance. No reservations required. For additional information, please contact Madelyn at 518-459-2857 ext. 340.



## Magic of the Season

**Sunday, December 7<sup>th</sup>, 2025,  
3:00 P.M. at the Palace Theatre,  
19 Clinton Avenue, Albany**

Celebrate the season with the Albany Symphony's holiday spectacular. David Alan Miller will be joined by a sleighful of hometown talent to perform sparkling carols and classical holiday favorites.

This event is free with generous support from CDPHP and the Albany Symphony. Reservations are required and space is limited. Buses will be leaving from The Beltrone Living Center at 2:15 p.m. For additional information, please contact Diane at 518-459-2857 ext. 305.



## Message from the Executive Director



### A Grateful Farewell

As I write this final column as Executive Director of Colonie Senior Service Centers, my heart is full of gratitude, pride, and deep appreciation for the incredible journey we have shared.

Working alongside seniors has been one of the greatest privileges of my life. Every story, every smile, and every shared moment of laughter or resilience has reminded me what true community means. You have taught me strength, dignity, compassion, and the power of connection.

**To the families of our seniors,**

Thank you for your trust, your partnerships, and your support.

**To CSSC's extraordinary staff,**

You are the heart of this organization. Your dedication, incredible creativity, and tireless care have inspired me daily. You make a difference in ways that words can never fully capture.

**To our volunteers,**

Your kindness, energy, and generosity light up every corner of our community. You remind us all that giving time is one of the most powerful gifts there is.

**To our corporate partners, government supporters, and community friends,**

Thank you for believing in our mission and for standing with us. Your collaboration and commitment have helped us grow stronger and reach further than ever before. As I prepare to hand over the reins, I do so with immense confidence in the future of this organization and the people who make it shine. The work we have done together has built not only programs, but relationships, connections that will continue to nurture this community to years to come.

From the bottom of my heart, thank you for allowing me to be part of your lives. It has truly been a privilege and a joy.

With unwavering gratitude and affection,  
– Diane Conroy-LaCivita

## Mark Your Calendar – An Event to Thank Diane

Every holiday season, Saratoga Living and Capital Region Living magazines team up to present Capital Region Gives Back, a celebration of the people who help make our community a better place. Annually, ten individuals are selected—five from the Saratoga area and five from the greater Capital Region—who are involved in nonprofit work. The magazines tell their stories in their Holiday Issue, which hit newsstands in November, and then they are honored at a cocktail party and awards ceremony in December. The evening will highlight the best our region stands for – compassion, connection, and giving. In addition, the event serves as a fundraiser for all of the honorees' respective organizations; when you buy tickets, you will select one of the ten nonprofits, and 50 percent of the cost of your ticket will be donated directly to that organization. The honoree that brings in the most money for their nonprofit is crowned that year's Capital Region Gives Back winner.

CSSC's Executive Director, Diane Conroy-LaCivita, has been selected as one of the nominees for her work and dedication in making a difference in our community supporting seniors and their families.

The 2025 Capital Region Gives Back event will be held on Tuesday, December 2<sup>nd</sup>, from 6:00 – 9:00 p.m., at Putnum Place, 63 Putman Street in Saratoga Springs. The cost of a ticket is \$40. CSSC will provide transportation to and from the event at no charge.

To get your tickets scan the QR Code.

Please use code CSSC40 when purchasing tickets to receive a discount.



## Scenes From Veterans Recognition Luncheon



### Get Ready

CSSC is pleased to announce that we will be launching virtual reality programming beginning in January. This will allow innovative learning and immersive experiences for participants. Stay tuned for upcoming details!

*(From Left) Don Anderson, CSSC Driver, Caitlyn Kelly, CSSC Lifelong Wellness Director, and Christine Tremblay, CSSC AmeriCorps/RSVP and Volunteers Director*



## Defensive Driving Classes



Richard Burt, CSSC's Driver Fitness Coordinator, will conduct Defensive Driving Classes on the following dates:

- **Saturday, December 13, 2025**  
from 9:00 a.m. to 3:30 p.m.
- **Tuesday, December 16, 2025**  
from 9:00 a.m. to 3:30 p.m.
- **Monday, January 5, 2026**  
from 9:00 a.m. to 3:30 p.m.
- **Tuesday, January 13, 2026**  
from 9:00 a.m. to 3:30 p.m.

Classes will be held at The Beltrone Living Center, 6 Winners Circle, Albany, NY.

**Cost is credit \$25.75; cash \$25, due before day of class.**  
**To reserve your seat, call 518-459-2857, ext. 340.**



## Neighbor Helping Neighbor

As an agency, CSSC continues to support local residents as a good neighbor. In partnership with the Regional Food Bank, our monthly food distribution day helps those in need. Join us on Thursday, December 11<sup>th</sup> from approximately 10:30 a.m. – 11:30 a.m. at The Beltrone Living Center. Please bring your own reusable grocery bag. We ask for your patience and kindness extended to all involved. We do our best to ensure that everyone in attendance receives assistance. **Thank you.**



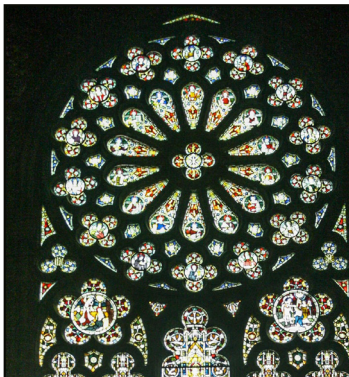
## Courtesy Officer

During the quiet, off hours at our independent senior living apartment buildings, there are a small handful of residents that work behind the scenes assisting the property managers and maintenance. While our team enjoys their much-deserved time off, our courtesy officers double check that doors are locked, help residents who are locked out and are often the first on the scene in case of a building emergency. They are a smiling face for a new move-in and warm reassurance when a resident needs it, no matter what the situation. On behalf of all of us at CSSC – thank you. We rest easy knowing you are on our team!

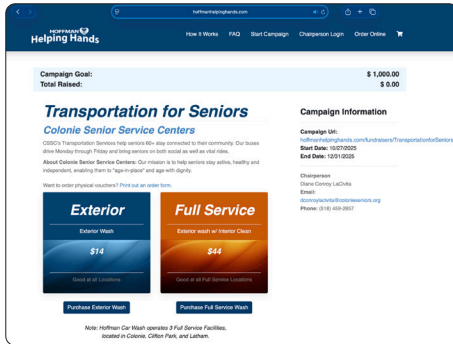
## Sacred Spaces to the Cathedral of All Saints

Please join Diane for her last Sacred Spaces outing to the Cathedral of All Saints on, 62 South Swan Street in Albany on Thursday, December 4<sup>th</sup> at 10:00 a.m. (Buses will be leaving The Beltrone at 9:30 a.m.). The Cathedral of All Saints is a landmark of faith, art, and architecture in the Capital Region. The building uses flying buttresses and other authentic medieval structural features in keeping with true Gothic cathedral design. The combination of liturgy, music, and visual art is especially strong.

Space for this outing is limited and reservations are required. There is a \$10 fee to cover our transportation services. To make reservation, please contact Madelyn at 518-459-2857 ext. 340.



The CSSC family is thrilled to introduce our newest and cutest member, Layla. Mom (Liz, CSSC Senior Dining Director), baby, and dad are doing well.



## Hoffman Helping Hands

Thank you Hoffman Car Wash for placing Colonie Senior Service Centers, Inc. into your "Helping Hands" fundraising program for the months of October, November, and December.

Visit the link or scan the QR code to visit the online fundraising page.

Please donate by going to [hoffmanhelpinghands.com/fundraiser.cfm?id=31598](https://hoffmanhelpinghands.com/fundraiser.cfm?id=31598) or scan



## Christmas Wreath Workshop

Can't seem to find the perfect wreath for your door this holiday season? Why not just make one! These wreaths make a perfect door hanger, or a gift for a loved one that cherishes the homemade things in life! This craft is simple to do, and yet looks so elegant and better than anything you can find in a store! Join Rose Langlois, a certified crafter in making these beautiful holiday masterpieces for your door or family! Get in the holiday spirit with us while making something special!



Workshop on Tuesday, December 23<sup>rd</sup>, from 1:00 p.m. – 3:00 p.m.

Member Price:  
Cash/Check: \$15 or Credit: \$15.45  
Not-Yet Member Price:  
Cash/Check: \$17.50 or Credit: \$18.03

## Make Your Own Ornaments from Gourds

Join our class with Tim Sauter to make 3 colorful ornaments. Time will share many ideas and examples. Use paint, metallic markers and other art materials, to make ornaments ready to hang on your tree, or to make unique gifts. Guaranteed to be a FUN experience for ALL!



Workshop on Thursday, December 4<sup>th</sup>, from 1:00 p.m. – 3:00 p.m.

Member Price:  
Cash/Check: \$45.00 or Credit: \$46.35  
Not-Yet Member Price:  
Cash/Check: \$55.00 or Credit: \$56.65

Please call 518-459-2857 ext. 327 to sign up for either Christmas Wreath or Gourd Ornament classes.

## Meet Caitlyn, CSSC's Kinda Newest Team Member!

Please welcome Caitlyn Kelly as she joins our staff as the Lifelong Wellness Director.

Caitlyn is not new to CSSC; many of you may remember her from her previous role as the Front End Manager for Mazzone Hospitality at The Beltrone Living Center. It's great to have her back with us!

Over the last three years, Caitlyn served as a Telecommunicator for the Albany County Sheriffs Department.

When not working, Caitlyn can be found knitting, painting, and hiking with her three dogs, Blitzen, Prancer, and Dasher.

Join us in welcoming Caitlyn to the team!



## We are grateful to those who have supported the 2025 Year End Annual Appeal thus far.

Your donations make a lasting difference to seniors and their families.

Donald Anderson	Anthony Caropreso in memory of Geraldine E. Caropreso
Anonymous	Gail Carr
Helga Apkarian for Transportation in memory of Sam Apkarian	Leo Carroll
Diane Arbitrio	Richard T. Carty
Anne Assalian for Transportation in memory of Andre Assalian	Stephen Caruso
Therese Bergdorf for Bright Horizons	Stev Vaughn Castillo for Senior Dining
Joseph Bonheur	Marilyn Cevera for Bright Horizons
Arthur E. Bowen for Transportation and Bright Horizons	Phyllis Cooney in memory of Paul Cooney
Sue and Paul Brennan	Ann Marie Coulombe for Transportation
Mary E. Brizzell for Transportation	Catherine Crohan
William and Tina Brunnell	Mildred Dagner
Elizabeth Burke	Herb Dahlem
Niki Burton in honor of Diane Conroy- LaCivita	Anna De Sorbo
Sandra Cade	Pierre & Roberta Demers
Mary Carman	Janet DiFabio
	Faith Dimura for Transportation in memory of Sgt. David Fisher

## Community Artist for December – Young Sook Ju

Young Sook Ju was born in Seoul, South Korea where she studied fine arts before moving to the United States. She continued her education once arriving in both theology and design studying at such institutions as the Fashion Institute of Technology and the New York Institute of Art. She is an accomplished painter working primarily in acrylics as well as the the author of Goldenfish 153, Bible Puzzle Book Series.

A poem by Young Sook Ju:

*At the Place Where the Wind Pauses  
I sat quietly before my paintings,  
Piecing together the days I've lived-  
Like fitting together fragments of a long, unfinished puzzle.  
In moments of sorrow and quiet joy,  
I picked up the brush,  
Following the gentle light that touched my life.*

On Wednesday, December 3<sup>rd</sup>, from 4:00 p.m. to 5:00 p.m., an opening reception of Young Sook Ju's beautiful paintings will take place at The Beltrone Living Center. The event is free and open to the public. Refreshments will be served. All are welcome to see the exhibit and meet the artist.



## Thank you Goldstein Subaru!

We truly appreciate your support and selecting Colonie Senior Service Centers, Inc. for the 2025 Subaru "Share the Love" event! **You are the best!** Share the Love will run from November 20, 2025 to January 2, 2026.

## Choosing an Adult Day Social Program

Bright Horizons Social Adult Day: Compassion, Connection, and Care You Can Count On.

If you are a full-time caregiver, adult day social programs like Bright Horizons can offer benefits to your loved one diagnosed with Dementia or Alzheimer's Disease.

At CSSC's Bright Horizons Social Adult Day, we believe every day should be filled with purpose, companionship, and joy. Our program provides a welcoming, supportive environment where older adults can thrive while giving families peace of mind knowing their loved ones are receiving exceptional care.

From the moment members walk through our doors, they are greeted with warmth, respect, and a sense of belonging. Each day offers opportunities for social engagement, creative expression, and personal growth through activities like art, music, exercise, games, and community outings. Our dedicated team takes pride in tailoring each experience to individual interests and abilities, ensuring everyone feels valued and included. Families often tell us they see a renewed spark in their loved ones, more smiles, more laughter, and a greater sense of independence.



Please consider Bright Horizons Social Adult Day as a possible partner with your caregiving. Complimentary trial days prior to admittance are available.

For more information about enrollment or to schedule a visit, please contact Sue Napierski at 518-459-7967 or [snapierski@colonieseniors.org](mailto:snapierski@colonieseniors.org).

## CSSC Needs You!

# VOTE, VOTE, VOTE!

Thank you to  
Goldstein  
Auto Group for  
sponsoring CSSC

TIMES UNION CAPITAL REGION GIVES  
**THE BIG \$100,000 GIVEAWAY**  
10 nonprofits will receive  
\$10,000 in free advertising

### VOTE EVERY DAY

On-line voting contest taking place on [timesunion.com](http://timesunion.com) from Sunday, November 16<sup>th</sup> to Friday, December 5<sup>th</sup>.

To vote for us, please visit:

<https://www.timesunion.com/capitalregiongives>

Scroll down to CSSC

Click on "Vote"

Each person can vote once per day, per device (laptop, iPad, phone, desktop)

The first time you vote:

It will ask for your email the first time you vote.

They will send you a verification email, then go back to the website using that link to actually cast your vote.



Paul E. Dominski in memory of Dawn	Steven Heider for Transportation in memory of Bill Hendrer	Helene K. Kruse for Transportation	Jane Murphy for Transportation in memory of Donald F. Murphy	Liz Peters	Rachel Swire
Robert Donnaruma	Ora M. Henkes for Transportation and Bright Horizons in memory of John L. Henkes, Jr.	Janet LaBar	Phyllis Nantista for Transportation	John and Beverly Petiet	Heidi Thomas-Wilkow
Michele Doodian for Transportation and Bright Horizons	Michael and Karen Hoblock	Robert & Mary Lamiano	Edward Neary for Bright Horizons	Jim Phelps	Edith Toohey
Gerald Duggan	Mary Ellen Hoffman in honor of Sandy Lloyd	Eleanor LaViolette	Concetta Neville	Elizabeth Pierce for Transportation	Alice M. Urbanski
Doris Enfield	Camille Hoheb for Transportation in memory of Dr. and Mrs. Albert C. Hoheb	Kaphi Lee	Darlene Newman for Bright Horizons	Sheila Platt	Joan Walker for Transportation
David & Alice Esmond	Patricia Hohwiesner for Bright Horizons in memory of Lucy Farmer	Kathy LeRoux for Transportation	Thomas Nolan	Marlene Powers	Sarah Wellen
Daniel Estep	Marion Jaffarian	Kathy Mascelli	Nancy and Jim O'Connor for Transportation	Price Chopper's Golub Foundation for Transportation	Ellen Werner in honor of living at King Thiel Senior Community
Joanne Z. Fitzgibbon	Patricia Jenner for Transportation	Sandra Maxwell in memory of Al Wolf	Rebecca O'Donnell	Leonard & Joan Putnick for Bright Horizons	Florence M. Whitney for Bright Horizons
Charles Flanagan	David Jones	Mathew McCue	Barbara Oliver for Bright Horizons	Bill Rau	Edward Wilkes
Janice Forenzo Terry	Rev. James J. Kane	Maureen McGowan	Patricia Opar for Transportation	Francis Recchia	Monica and Paul Wilkes for Transportation
Beverly Foster Brown	Alicia Kelley for Transportation	Joyce Mendrysa for Transportation in memory of Edwin Mendrysa	Alphonse Palladino, Sr. for Bright Horizons in memory of Christina M. Palladino	Nancy Rexford and Marlin Pierce	Mr. & Mrs. Richard Winne for Transportation in memory of Mary and John Quinn
Helen Franklin for Transportation	Carol A. Kennedy in memory of Bernard Kennedy	Nancy A. Meyer for Transportation	Anna Palmer for Bright Horizons in memory of Gaynor Bruno	Lucille Rinaldi for Bright Horizons in memory of Kathryn Rinaldi	Marianne Witherwax for Transportation
Richard Friedman & Suzanne Perry in honor of Diane Conroy- LaCivita	Sheila Kiehle	Patricia Michalski for Bright Horizons	Carol Pataky for Transportation	Carol G. Rosenthal for Transportation	Eileen Wojnarowski
Jan Gallas in memory of John Gallas	Mary Jane Kruegler for Bright Horizons in memory of Joseph A. Kruegler	Nancy G. Miller in memory of C. Roy and David J. Roy	Margret Pelgrin for Transportation in memory of James J. Pelgrin	Anne & Martin Rowley	Al & Evelyn Wolf
Mark Garzia		Linda A. Moore for Transportation in memory of Robert C. Moore	Ruth E. Pelton	Susan Russo for Transportation	Bob Wolfgang
Shirley Geraldson		Sylvia Morton in memory of Jim Morton	Elizabeth Pesta	September's Too, LLC	Women's Assoc. of Roessleville Pres. Church
Doris Gleason for Transportation		Patricia Mudgett		Barbara Severance	David Yule
Marilyn Graver		Peg Mulroy		Gerlinde Sheridan for Transportation	
Connie Halayko				Ted and Betty Skumurski for Transportation	
Suzanne Hammond for Transportation				Kathy Smith	
				Dawn Strand	

Donations received  
as of October 20, 2025 to  
November 17, 2025

## Aging with Pride

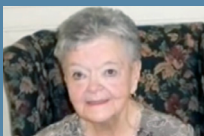
Colonie Senior Service Centers, Inc. is excited to partner with the Pride Center of the Capital Region to help host Aging with Pride. This is a monthly group for LGBTQ+ folks 55+ designed to allow participants to connect with each other and build community in a safe and accepting space. Join us Friday, December 19<sup>th</sup> from 10:00 a.m. to 12:00 noon at The Beltrone Living Center, 6 Winners Circle, Albany, and every 3<sup>rd</sup> Friday of the month after that.

For questions and additional information, please call Diane at 518-459-2857 ext. 305.

## Tribute Corner

### In memory of Barbara Collett

- Ginny and Sue Ellis
- Catherine Griffin
- Ruth LaBagh
- Terry and Joel Langlois
- Jonathan Mahar
- Michael and Jan McCarthy



- Rock Road Chapel Ministries
- Felicia Segelken
- Alice Swertinski

### In memory of Allen Wolf



Al will be deeply missed here at CSSC. Over the past fifteen years, he dedicated countless hours to volunteering at both CSSC Congregate Dining and Bright Horizons Adult Day Services. His unwavering commitment and kindness made a remarkable difference in the lives of everyone he touched.

- Diane Conroy-LaCivita
- Sandra Maxwell
- Martin and DeShea Deiser
- Janice Potter
- Helen Donoghue
- Carol Ripley
- Pamela Spinner



## Do you or someone you know have difficulty cooking at home?

We are here to help. CSSC is offering nutritious frozen soups and meals for community members who may be recovering from illness, living alone, or simply unable to prepare their own food. Each meal is prepared with care and designed to provide comfort, nourishment, and peace of mind. Whether it is a warm bowl of soup or a hearty entrée, our goal is to ensure that no one goes without a wholesome meal.

Soups (\$3) and meals (\$6) are available for pickup Monday through Friday from 9:00 a.m. to 3:00 p.m. in the cafes at The Beltrone Living Center, King Thiel Senior Community, and King Thiel II Senior Community. For further information, please call 518-459-2857 ext. 340.



## International Volunteers Day Celebration

**Friday, December 5<sup>th</sup>, 3:30 p.m. to 4:30 p.m.**

### RSVP and CSSC Volunteers

Please join us on Friday December 5<sup>th</sup> to celebrate International Volunteers Day! We will be hosting a small reception at The Beltrone, in the Lakeview Dining Room for volunteers to celebrate this day of recognition. Come meet fellow RSVP and CSSC Volunteers and enjoy an afternoon snack with friends. Light refreshments and beverages will be available. To celebrate the day, we ask that if you are able to, please bring a non-perishable food item to be donated to FOCUS Churches food pantry for their holiday food baskets. There is a list below of items that the organization has the greatest need for but are grateful for any and all donations.

- |                 |                |                     |
|-----------------|----------------|---------------------|
| • Pancake Syrup | • Dish Soap    | • Canned Fruit      |
| • Pancake Mix   | • Stuffing Mix | • Cake Mix/Frosting |

Please RSVP to Christine by phone at 518-459-2857, ext. 308 or email to [ctremblay@colonieseniors.org](mailto:ctremblay@colonieseniors.org), by Thursday, December 4<sup>th</sup>.

## End-of-Year Annual Appeal

First and foremost, we extend our deepest gratitude to everyone who has generously donated to previous Annual Appeals. Your support has been instrumental in helping us achieve our mission of supporting older adults. We could not have done it without you. Thank you for making a difference, a unified lasting legacy.

Post-COVID has brought tremendous growth in the demand for our programs and services. We also have experienced a reduction in the amount of some of our past governmental support. As many nonprofits are trying to do, we are doing more with less while continually pivoting to meet the needs of seniors. As the year comes to a close, we kindly ask you to consider making an end-of-year donation. Your continued generosity will allow us to keep making a difference in the lives of those we serve. Every contribution, no matter the size, brings us closer to our goals.

Please support Capital Region seniors by making a year end gift to Colonie Senior Service Centers, Inc.! Online at [www.colonieseniors.org](http://www.colonieseniors.org) by clicking "Make A Gift" or call **518.459.2857 ext. 340** or by mail at **Colonie Senior Service Centers, Inc., 6 Winners Circle, Albany NY 12205.**

**Reminder!** #Giving Tuesday is December 2<sup>nd</sup>. Please go to our website and donate to CSSC. **Thank you in advance for your generosity!**



## Senior Dining Program

### CSSC Congregate Meal Program December 2025

Join us for a hot meal at The Beltrone Living Center Monday – Friday at Noon. This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living, Town of Colonie and participant contributions. Suggested participant contribution is \$3.00 for food, and \$3.00 for entertainment. Guests and those under 60 have a required \$11.00 Fee. Registration and reservations are required for this program. Call Liz at 518-459-2857 ext. 303 for reservations by 12:00 p.m. the business day before.

**Special Lunch Friday, December 5<sup>th</sup> at 12:00 p.m.:**  
Come hear a returning hit, Brian Zapel's guitar and vocal tunes!

### December 2025 Menu Menu items are subject to change

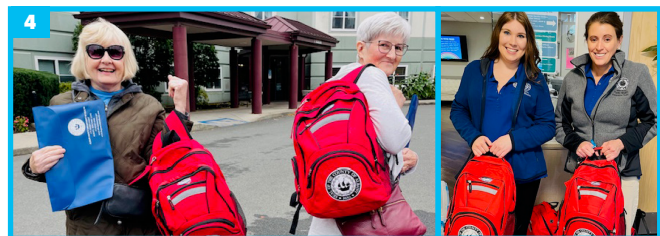
12/1	Baked Ham	12/15	Lunch – Chicken Marsala
12/2	Eggplant Parmesan	12/15	<b>Special Dinner</b> – Oregano Lemon Chicken
12/3	Mushroom, Spinach & Cheese Quiche	12/16	Beef Tips w/Gravy over Egg Noodles
12/4	Spaghetti & Meatballs	12/17	Stuffed Pepper
12/5	<b>Special Lunch</b> – Chicken Pesto Lasagna	12/18	Grilled Cheese & Tomato Soup
12/8	Cheese Manicotti	12/19	Cornflake Chicken
12/9	Swedish Meatballs over Egg Noodles	12/22	Meatball Sub
12/10	Shepherds Pie	12/23	Shrimp Scampi
12/11	Chicken Parmesan	12/24	Bacon, Shrimp + Corn Chowder & ½ Turkey Sand.
12/12	Apricot Beef Brisket	12/25	<b>CLOSED</b>
		12/26	Goulash
		12/29	Chicken Cacciatore
		12/30	Meat Lasagna
		12/31	Salmon Cakes

**Special Dinner Monday, December 15<sup>th</sup> at 5:00 p.m.:**  
Come enjoy an energetic performance by vocalist and radio personality Carla Page!

## Donations in Action – Through CSSC seniors are active!



- 1 Having fun playing games at The Beltrone
- 2 Outting to ACTT Naturally (Aftercare Continued Thoroughbred Training)
- 3 Birthday wishes for Bill in our Transportation Department
- 4 Albany County Department of Health Emergency Preparedness workshop
- 5 CSSC's International Diners Club traveled to Allie B's for some delicious southern cooking
- 6 Panel discussion with Dan Butterworth, Daquette P. Jones-Johnson, Dr. Stacy Pettigrew, and Rosemary Armao
- 7 Enjoying eating lunch during an outing offered by THE CENTER
- 8 Fun was had by all at free community concert featuring Band of Gold
- 9 Wine, cheese, and a Salsa lesson



## CSSC Mission Statement

*The mission of Colonie Senior Service Centers, Inc. (CSSC) is to provide comprehensive services to those in our community who are in or approaching their mature years, and to provide support and services to their families and caregivers.*

*Through these services, CSSC strives to ensure the physical, mental, emotional and financial well-being of our participants, improve the quality of life, and to enhance the structure and stability of our community as a whole.*

## Directory

### Executive Director

Diane Conroy-LaCivita  
dconroylacivita@colonieseniors.org  
518-459-2857, ext. 305

### Associate Executive Director

Noelle Schmidt  
nschmidt@colonieseniors.org  
518-459-2857, ext. 302

### Administrative Operations and HR

Carol Ripley, Director  
cripley@colonieseniors.org  
518-459-2857, ext. 310

### Bright Horizons

Susan Napierski, Director  
snapierski@colonieseniors.org  
518-459-2857, ext. 322  
Colonie 518-459-7967

### Facilities Manager

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btompkins@colonieseniors.org  
518.459.2857, ext. 304

### Finance

Andrew C. Koenig, CPA, Director  
akoening@colonieseniors.org  
518-459-2857, ext. 306

### Lifelong Wellness

Caitlyn Kelly, Director  
ckelly@colonieseniors.org  
518-459-2857, ext. 327

### AmeriCorps/RSVP and Volunteers

Christine Tremblay, Director  
ctremblay@colonieseniors.org  
518-459-2857, ext. 308

### Senior Dining

Liz Hatlee, Director  
lhatlee@colonieseniors.org  
518-459-2857, ext. 303

### Tool Box

Leonard G. St. Gelais, Coordinator  
lstgelais@colonieseniors.org  
518-608-4758

### Transportation Services

James Kyme, Director  
jkyme@colonieseniors.org  
518-459-2857, ext. 301  
To Schedule a Ride: 518-459-6064

### Umbrella of Colonie

Madelyn Leisenfelder, Coordinator  
mleisenfelder@colonieseniors.org  
518-459-7152

### The Beltrone Living Center

Jessica Flynn, Site Manager  
jflynn@colonieseniors.org  
518-459-2711

### King Thiel Senior Community and Sheehy Manor

Rachel Hoyka, Site Manager  
rhoyka@colonieseniors.org  
King Thiel: 518-429-6292  
Sheehy Manor: 518-782-2350

### King Thiel II Senior Community

Janice Whitney, Site Manager  
jwhitney@colonieseniors.org  
518-704 4267

### Media and Communications

Michael DiGiuseppe, Specialist  
mdigiuseppe@colonieseniors.org  
518-459-2857, ext. 337



Colonie Senior Service Centers, Inc.  
6 Winners Circle  
Albany, NY 12205

NON-PROFIT  
ORGANIZATION  
U.S. Postage Paid  
Albany, N.Y.  
Permit No. 74

## Thank you, Grazie, Merci, Danke...

Kindest regards to CDPHP for sending handwritten holiday cards to our seniors making sure they were being thought of this time of year.



Thank you to Brandy, owner of local eatery September's Too, for your generous contribution to CSSC Transportation Services from the proceeds of your wonderful "Golden Girl Gala".

ALBANY SYMPHONY



Kudos to CDPHP and the Albany Symphony for donating tickets and transportation to allow 30 seniors to attend your "Magic of the Season" performance at the Palace Theatre.



Merci to Allie B's for providing 75 turkey dinners to our seniors for the Thanksgiving holiday.



Kudos to the Regional Food Bank for donating 400 turkey dinners to our seniors for the Thanksgiving holiday.



A HUGE shout out to Broadview FCU for adopting 100 seniors in December for the holidays.



## Mark Your Calendar

In-Person Registration for **THE CENTER** at CSSC's January, February, and March 2026 Catalog will take place starting on Monday, December 22<sup>nd</sup> at 9:00 a.m. at The Beltrone Living Center.