

VEGETARIAN = FAVORITE = NEW ITEM \*Meal Alternatives Not Available for Special Dinner\*



## Call to RSVP or CANCEL Business Day Before by 12 518—459—2857 ext 303

## Special Lunch Friday, October 3rd at Noon



Come enjoy a performance by the band "Gone Grey" and a Goulash luncheon. Gone Grey will be playing songs from the 50's, 60's and 70's.

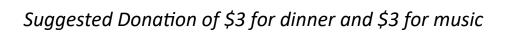
RSVPs are due 10/2 at 12PM.

**518—459—2857 ext. 303**Suggested Donation of \$3 for lunch and \$3 for music

## Special Dinner Monday, October 20th at 5PM

Come enjoy the returning hit, Rick Bedrosian. Sing along with favorite tunes from the 50's, 60's and 70's, Irish anthems, Beatles classics and a whole lot more. Dinner served will be Beef Tips w/Gravy over Egg Noodles, Broccoli, Spinach Mandarin Salad, Fruit Juice and a Brownie for Dessert.

RSVPS due Friday 10/17 at 12PM. 518—459—2857 ext. 303





## CALL FOR RESERVATIONS THE BUSINESS DAY BEFORE 5 1 8 - 4 5 9 - 2 8 5 7 X 3 0 3

This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living, Town of Colonie and participant contributions.

This program is an equal opportunity provider.

Also available for lunch (Must Order Day Before): Tuna Salad Plate (tuna salad over green salad), Egg Salad Plate (egg salad over green salad) or Yogurt &Fruit Plate (yogurt, granola, and mixed fruit) \*CANNOT ORDER Cold plates for dinner\* Contributions are used to expand our lunch programs.

Suggested Contribution: \$3, plus \$3 for entertainment at special lunch & dinner Guests and under 60 are \$11 for lunch and dinner