

Welcome to

CSSC, Inc. was established in 1981 as a duly authorized 501(c)(3) not-for-profit corporation



Community Lunch

June



Monday	Tuesday	Wednesday	Thursday	Friday
6/3 Chicken Broccoli Alfredo Carrot Raisin Salad Juice Brownie <input type="checkbox"/>	Lunch & Learn 6/4 Swedish Meatballs over Egg Noodles Green Beans Caesar Salad Berries & Cream <input type="checkbox"/>	6/5 Chicken Cacciatore Roasted Potatoes Sautéed Spinach Fruit Cup Strawberry Spinach Salad Cookie <input type="checkbox"/>	6/6 N Cream of Potato Soup with 1/2 Turkey Sand. Green Salad Grapes Mango Sorbet <input type="checkbox"/>	Special Lunch 6/7 N Honey Mustard Chicken Roasted Potatoes Carrots Green Salad Ice Cream Sandwich <input type="checkbox"/>
V 6/10 N Spinach, Mushroom + Cheese Quiche O'Brien Potatoes Green Salad Juice Sherbet <input type="checkbox"/>	6/11 Chicken Marsala Rice Pilaf Carrot Raisin Salad Applesauce Blondie <input type="checkbox"/>	6/12 Beef Tips w/Gravy over Egg Noodles Carrots Caesar Salad Fruit Cup Ice Cream <input type="checkbox"/>	V 6/13 N Summer Veggie & Bean Chili Green Salad Fruit Cup Cookie <input type="checkbox"/>	6/14 Goulash Green Beans Caesar Salad Juice Brownie <input type="checkbox"/>
6/17 Lunch Oven Fried Fish Sandwich 6/17 Special Dinner Pot Roast (see back) LUNCH DINNER <input type="checkbox"/> <input type="checkbox"/>	F 6/18 Chicken Parmesan Ziti w/Marinara Green Beans Caesar Salad Carrot Cake <input type="checkbox"/>	6/19 Bacon, Shrimp + Corn Chowder & 1/2 Turkey Sandwich Green Salad Grapes Cookie <input type="checkbox"/>	6/20 Oregano Lemon Chicken Roasted Potatoes Stewed Tomatoes Green Salad Ice Cream Sandwich <input type="checkbox"/>	6/21 Apricot Beef Brisket Mashed Potatoes Spinach Strawberry Salad Juice Blondie <input type="checkbox"/>
V 6/24 Veggie Pizza Coleslaw Grapes Mango Sorbet <input type="checkbox"/>	6/25 Shrimp Scampi over Angel Hair w/Peas Spinach Mandarin Salad Juice Blondie <input type="checkbox"/>	6/26 Meatball Sub Carrot Raisin Salad Fruit Cup Carrot Cake <input type="checkbox"/>	6/27 Cornflake Chicken Tater Tots Honey Dijon Carrots Broccoli Slaw Berries & Cream <input type="checkbox"/>	6/28 Baked Ham Scalloped Potatoes Peas Green Salad Grapes Ice Cream Sandwich <input type="checkbox"/>

Name(s): _____

Phone#: _____

Please Indicate Tuna, Egg or Yogurt Clearly Each Day You Request

Reminders:
 RSVPs are due the business day before—for Monday lunch/Dinner, this means Friday at 12:00PM

If you know you cannot make it, please call to cancel as well!



Please call 518-459-2857 ext. 303 with reservations by 12 noon of the previous business day.

V = VEGETARIAN **F** = FAVORITE **N** = NEW ITEM *Meal Alternatives Not Available for Special Dinner*

LUNCH + LEARN— Tuesday, June 4th at 12:00 Noon

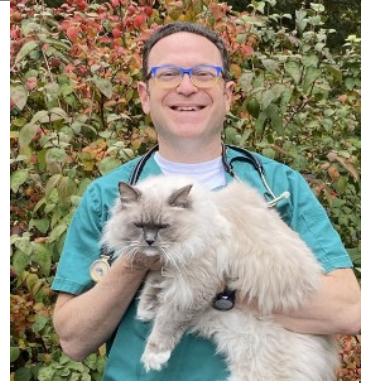


Come learn about proper veterinary care of pets, and about mobile vets! Steven Schnee, DVM of "518 House Call Vet PLLC" will discuss. Lunch served will be Swedish Meatballs. RSVPS required.

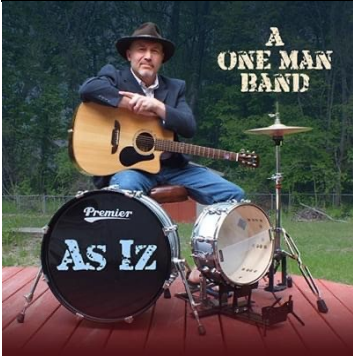
Suggested contribution of \$3.

Reservations are due Monday, June 3rd at Noon

Please call 518-459-2857 Ext. 303



Special Lunch Friday, June 7th at 12:00 Noon



Come enjoy "As-Iz" one man band, and a honey mustard chicken luncheon!
RSVPS required.

Suggested contribution of \$3 for lunch and \$3 for entertainment.

***Reservations are due Thursday June 6th at 12pm. Please call 518-459-2857
ext 303***

Special Dinner Monday, June 17th at 5:00PM



Come enjoy guitar tunes by Joe Severino and Pot Roast dinner with your community. Joe is a highly-skilled guitarist. His easy-listening repertoire consists of classic tunes, jazz, bossa nova, rock, pop, country and folk.

RSVPS Required.

Suggested contribution of \$3 for lunch and \$3 for entertainment.

Reservations are due Friday, June 14th at 12pm

CALL FOR RESERVATIONS THE BUSINESS DAY BEFORE 5 1 8 - 4 5 9 - 2 8 5 7 X 3 0 3

This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living, Town of Colonie and participant contributions.

This program is an equal opportunity provider.

Also available for lunch (Must Order Day Before): Tuna Salad Plate (tuna salad over green salad), Egg Salad Plate (egg salad over green salad) or Yogurt & Fruit Plate (yogurt, granola, nuts and mixed fruit) *CANNOT ORDER Cold plates for dinner* Contributions are used to expand our lunch programs.

***Suggested Contribution: \$3, plus \$3 for entertainment.
Guests and under 60 are \$11 for lunch and dinner.***