


Welcome to

CSSC, Inc. was established in 1981 as a duly authorized 501(c)(3) not-for-profit corporation

Community Lunch



May

Monday	Tuesday	Wednesday	Thursday Lunch & Learn	Friday Special Lunch
Name(s): <hr/> Phone: <hr/> <i>Please Indicate Tuna, Egg or Yogurt Clearly</i>		5/1 Bacon, Shrimp + Corn Chowder 1/2 Turkey Sand. Grapes Juice Cookie	5/2 Chicken Cacciatore Rice Pilaf Sautéed Spinach Fruit Cup Strawberry Spinach Salad Ice Cream	5/3 Grilled Cheese & Tomato Soup Chickpea Salad Juice Sherbet
5/6 Oven Fried Fish Sandwich Tater Tots Zucchini Broccoli Slaw Berries + Cream	5/7 Chicken Parmesan Ziti w/Marinara Green Beans Caesar Salad Carrot Cake	5/8 Meatball Sub Carrot Raisin Salad Fruit Cup Cookie	5/9 Oregano Lemon Chicken Stewed Tomatoes Roasted Potatoes Green Salad Ice Cream Sand	5/10 Apricot Beef Brisket Mashed Potatoes Strawberry Spinach Salad Juice Blondie
5/13 Veggie Pizza Side Sauce Coleslaw Grapes Mango Sorbet	5/14 Shrimp Scampi over Angel Hair w/Peas Spinach Mandarin Salad Juice Brownie	5/15 Bacon, Shrimp + Corn Chowder 1/2 Turkey Sand. Green Salad Grapes Carrot Cake	5/16 Cornflake Chicken Tater Tots Honey Dijon Carrots Broccoli Slaw Juice Berries + Cream	5/17 Baked Ham Scalloped Potatoes Peas Green Salad Grapes Ice Cream Sand
5/20 Lunch Chicken Caesar Salad 5/20 Special Dinner Pulled Pork Sandwich	5/21 Meatloaf Mashed Potatoes Honey Dijon Carrots Green Salad Applesauce Cookie	5/22 Salmon Cakes Roasted Potatoes Zucchini Strawberry Spinach Salad Juice Sherbet	5/23 Stuffed Pepper Carrot Raisin Salad Applesauce Berries + Cream	5/24 Grilled Chicken with Pineapple Salsa Brown Rice Asparagus Grapes Mango Sorbet
 CLOSED MEMORIAL DAY HONORING ALL WHO SERVED	5/28 Chicken Pesto Lasagna Broccoli Grapes Juice Sherbet	5/29 Eggplant Parm Ziti w/Marinara Caesar Salad Fruit Cup Blondie	5/30 Seafood Mac & Cheese Broccoli Carrot Raisin Salad Applesauce Carrot Cake	5/31 Chicken Piccata Rice Pilaf Asparagus Green Salad Fruit Cup Cookie

Please call 518-459-2857 ext. 303 with reservations by 12 noon of the previous business day.

V = VEGETARIAN **N** = NEW ITEM *Meal Alternatives Not Available Dinner* Guests & Under 60 \$11

Lunch & Learn Thursday, May 2nd at Noon

With nearly 25 years of experience in law enforcement, James “Jay” Gerace has recently stepped into a new role, Town of Colonie Police Chief. All are invited to hear from and meet Chief Gerace on Thursday, May 2 at a special lunch and learn taking place at The Beltrone Living Center. Reservations are required. Lunch served will be Chicken Cacciatore.

Suggested Donation \$3.



Special Lunch Friday, May 3rd at Noon

Come enjoy music and a tasty Grilled Cheese & Tomato soup meal with your community. Shades of Blue jazz band will be performing! Please ensure to place a RSVP

Suggested contribution of \$3 for lunch and \$3 for entertainment.

Please call 518-459-2857 Ext. 303 by 12pm

Thursday, May 2nd



Special Dinner Monday, May 20th at 5:00PM



Come hear a returning favorite, Joe Gorman perform vocals and tunes on his guitar and enjoy a pulled pork sandwich, coleslaw, strawberry spinach salad and berry pie! Please ensure to place a RSVP.

Suggested contribution of \$3 for lunch and \$3 for entertainment.

Reservations are due Friday, May 17 by 12:00pm

518—459—2857 x 303

CALL FOR RESERVATIONS THE BUSINESS DAY BEFORE 5 1 8 - 4 5 9 - 2 8 5 7 X 3 0 3

This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living, Town of Colonie and participant contributions.

This program is an equal opportunity provider.

Also available for lunch (Must Order): Tuna Salad Plate (tuna salad over green salad), Egg Salad Plate (egg salad over green salad) or Yogurt & Fruit Plate (yogurt, granola, and mixed fruit) *CANNOT ORDER Cold plates for dinner*

Contributions are used to expand our lunch programs.

***Suggested Contribution: \$3, plus \$3 for entertainment.
Guests and under 60 are \$11 for lunch and dinner.***