

# Welcome to Community Lunch 2024! January

CSSC, Inc. was established in 1981 as a duly authorized 501(c)(3) not-for-profit corporation



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1/1</b> <b>CLOSED</b> <b>Happy New Year!</b></p>	<p><b>1/2</b> <b>Chicken Pesto Lasagna</b> Garlic Bread Broccoli Strawberry &amp; Spinach Salad Cookie</p>	<p><b>1/3</b> <b>N</b> <b>Irish Beef Stew</b> Green Salad Fruit Juice Brownie</p>	<p><b>1/4</b> <b>F</b> <b>Oregano Lemon Chicken</b> Roasted Potatoes Stewed Tomatoes Green Salad Ice Cream</p>	<p><b>SPECIAL LUNCH 1/5</b> <b>Eggplant Parm Ziti w/Marinara</b> Carrot Raisin Salad Fruit Cup Blondie</p>
<p><b>1/8</b> <b>V</b> <b>Garlic, Ricotta Broccoli Pizza</b> <b>Side Marinara Sauce</b> Chickpea Salad Ice Cream</p>	<p><b>1/9</b> <b>F</b> <b>Meatloaf w/Gravy</b> Mashed Potatoes Sauteed Carrots Caesar Salad Applesauce Blondie</p>	<p><b>1/10</b> <b>F</b> <b>Chicken Parmesan Ziti with Marinara</b> Green Beans Grapes Fruit Pie</p>	<p><b>1/11</b> <b>Cream of Broccoli Soup</b> <b>1/2 Turkey Sand.</b> Fruit Cup Pudding</p>	<p><b>LUNCH &amp; LEARN 1/12</b> <b>Shrimp Scampi over Angel Hair w/Peas</b> Strawberry Spinach Salad Fruit Cup Cookie</p>
<p><b>1/15</b><b>CLOSED: MLK, JR Day</b></p>	<p><b>1/16</b> <b>Salmon Cakes</b> Roasted Potatoes Sauteed Zucchini Green Salad Mango Sorbet</p>	<p><b>1/17</b> <b>Chicken Broccoli Alfredo</b> Caesar Salad Applesauce Brownie</p>	<p><b>1/18</b> <b>Shepherds Pie</b> Carrot &amp; Beet Salad Pudding</p>	<p><b>1/19</b> <b>Oven Fried Fish Sandwich</b> Tater Tots Sautéed Zucchini Broccoli Slaw</p>
<p><b>1/22 LUNCH</b> <b>Swedish Meatballs</b> <b>1/22 SPECIAL DINNER</b> <b>Chicken Parmesan</b></p> <p><b>LUNCH</b> <b>DINNER</b></p>	<p><b>1/23</b> <b>N</b> <b>Garlic Herb Baked Cod</b> Sweet Potato Mash Carrot Beet Salad Zucchini Cookie</p>	<p><b>1/24</b> <b>N</b> <b>Chicken Noodle Soup</b> <b>1/2 Turkey Sand</b> Green Salad Juice Sherbet</p>	<p><b>1/25</b> <b>F</b> <b>Cornflake Chicken</b> Tater Tots Honey Dijon Carrots Broccoli Slaw Juice Ice Cream</p>	<p><b>V</b> <b>1/26</b> <b>N</b> <b>Baked Ziti</b> Cheesy Garlic Bread Tomato Basil Salad Juice Cookie</p>
<p><b>1/29</b> <b>N</b> <b>Chili Con Carne</b> Grapes Applesauce Mango Sorbet</p>	<p><b>1/30</b> <b>F</b> <b>Chicken Piccata</b> Rice Pilaf Broccoli Carrot Beet Salad Ice Cream</p>	<p><b>1/31</b> <b>Stuffed Pepper</b> Green Salad Fruit Cup Pudding</p>	<p><b>Name(s):</b></p> <p><b>Phone #</b></p> <p><b>Please Indicate TUNA/EGG/FRUIT Plates Clearly on each day requested</b></p>	

Please call 518-459-2857 ext. 303 with reservations by 12 noon of the previous business day before

**V** = VEGETARIAN **F** = FAVORITE **N** = NEW ITEM No Meal Alts Available at Special Dinners



## LUNCH + LEARN Friday January 12th at Noon



**Friday January 12th at Noon:** Boost your confidence in disaster preparedness by participating in the free “Be Red Cross Ready” program. This national, standardized curriculum offers simple steps that you can easily learn to protect and prepare your family. Taught by certified presenters, the program focuses on educating adults to understand, prepare for, and respond appropriately to disasters through interactive and informative training sessions. Lunch served will be Shrimp Scampi.



***Suggested contribution of \$3. Reservations due Thursday the 11th at Noon***

## SPECIAL LUNCH - Friday, January 5th at Noon



**Friday 1/5 at Noon:** Holly Beltran has been entertaining audiences of all ages with her unique combination of songs, dance and props since 1999. Her main genres are Broadway, Jazz, Country and Children's music. Come enjoy a lively performance and a yummy lunch of Eggplant Parm w/Ziti!

***Suggested contribution of \$3 for lunch and \$3 for entertainment.***

**Reservations due Thursday the 4h at Noon**

## SPECIAL DINNER - Monday, January 22nd at 5:00PM

**Monday, January 22nd at 5:00pm:** Come enjoy a fan-favorite meal, Chicken Parmesan and the tunes of Bob Treffeletti, who plays songs you'll want to sing a lot to from the 40s-60s.



***Suggested contribution of \$3 for lunch and \$3 for entertainment.***

**Reservations are due Friday the 19th by Noon**



**CALL FOR RESERVATIONS BY NOON BUSINESS DAY PRIOR : 5 1 8 - 4 5 9 - 2 8 5 7 X 3 0 3**

This program is funded in part by the Albany County Dept. for Aging, NYS Office for the Aging, Administration for Community Living, Town of Colonie and participant contributions.

This program is an equal opportunity provider.



**Also available for lunch:** Tuna Salad Plate (tuna salad, fruit, green salad and a dinner roll), Egg Salad Plate (egg salad, fruit, green salad and a dinner roll) or Yogurt, Fruit and Granola Plate

**CANNOT ORDER Cold plates for special dinners.** Contributions are used to expand our lunch programs.

***Suggested Contribution: \$3, plus \$3 for entertainment.***

***Guests and under 60, \$11 for lunch and dinners.***

