Annual Colonie Senior Service Centers, Inc.

Annual Colonie Senior

Celebrating 41 years of providing a wide range of programs and services for our seniors.





Celebrating 41 years of being the largest local not-for-profit supporting seniors in the Capital Region

Colonie Senior Service Centers, Inc. (CSSC) was established in October 1981 as a 501(c)3 not-for profit corporation. For forty-one years, we have been serving seniors and their families continuously, facing whatever challenge we were presented. Our mission is to provide comprehensive programs and services to those in the community who are in or approaching their mature years, as well as their families and caregivers. Through these services, CSSC always strives to ensure the physical, mental, emotional and financial wellbeing of all participants, while improving their quality of life, and enhancing the structure and stability of our community as a whole.

As we entered 2022, the expectation was to return to normalcy. However, this is not what CSSC experienced. We were challenged with an incredible demand and overwhelming need for our established senior programs and services. Adults who had been isolated for two years due to the pandemic were eager to re-engage.

With tremendous support from many, CSSC's Programs and Services met the demand. Classes and trips for THE CENTER at CSSC grew and continually sold out in record time. The number of seniors coming to Senior Community Dining to enjoy a meal and socialize jumped dramatically. The Bright Horizons Adult Day Services ran at capacity, providing support to seniors in need and their families. The Umbrella Program of Colonie continued to provide home maintenance to hundreds of seniors who choose to reside in their homes. CSSC's Transportation Services continued to help seniors get to medical appointments, senior dining sites, social adult day service programs, volunteer sites, their pharmacy and grocery store, religious, cultural, social and life-long learning activities, as well as other errands and events. Our RSVP volunteers returned in droves to various community, cultural and educational organizations, to once again help our community.

Colonie Senior Service Centers, Inc. would not be as successful without the support of the many financial contributions we receive. Thank you to all our 2022 supporters, who without your understanding, our mission and impact in the community would not be as strong.

Executive Director

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Diane Conroy-LaCivita, Executive Director, Colonie Senior Service Centers, Inc.













Innovations, Accomplishments and Achievements

In 2022 Colonie Senior Service Centers, Inc. (CSSC) . . .

- Collaborated with the Regional Food Bank of Northeastern NY to continue supporting seniors facing food insecurity by
 holding a monthly open community food bank at The Beltrone Living Center. CSSC distributed over 12,000 pounds of food
 to hundreds of seniors from September through December.
- Was chosen by Goldstein Auto Group to be a part of their Subaru Share the Love campaign, raising over \$8,000 for CSSC programs and services.
- Held various monthly "Drive-Thru Dinners" and serving over 1,500 meals that benefited our senior community and raised funds for CSSC programming.
- Enjoyed sponsored CSSC Healthy and Local Cooking Classes, allowing seniors to learn to cook and prepare recipes from local chefs at the King Thiel Senior Community.
- Was once again voted one of the ten non-profits to win \$10,000 of free advertising in the Times Union Capital Region Gives Giveaway. This award is appreciated as it is won by the community supporting and voting for Colonie Senior Service Centers, Inc.
- · Used music as a gathering beacon for our senior community, as CSSC held numerous concert series during 2022.
 - The World Concert Series in the spring of 2022, allowed seniors to enjoy Triskele and Irish/Celtic all-female bank in March; Polish Night with Fritz's Polka Band, in April; The Good Times entertained in May, for Italian Night and German Night in June heard the sounds of the Accord-A-Tones. This series was made possible through funding from the New York State Council on the Arts and the Arts Center for the Capital Region.
 - Music Mondays at The Beltrone, a three-week free concert series in July brought the sounds of the Standard Time Trio, Roben and Kosek Jazz and Blues and Band of Gold returned to CSSC and the senior community. This concert series was made possible with funding from Albany Musicians' Association and Organize Senior Moves.
- Organized the Forever Young Singers, a group of Capital Region seniors who are led by Jeff and Crystal Moore of Peak Music. Many of these senior singers have no prior experience and just have fun getting together each and every week to sing Rock and Roll music. During 2022, they performed at: CSSC's Summerfest; Colonie Center; Cohoes Music Hall Visitor Center; Christmas Land and at The Beltrone Living Center. The Forever Young Singers are made possible by the sponsorship from Highmark Blue Shield of Northeastern New York.
- Created "A Moment in Time", an oral history pictorial project that has been exhibited throughout the Capital Region. Realizing how detrimental and isolating the COVID-19 pandemic was to everyone throughout the Capital Region, this project with a committed team of photographers, oral historians and make-up artists, along with CSSC staff captured and highlighted the insight and hope from 99 Capital Region seniors for the future. This project was made possible with funds from the Decentralization Program, a recent program of the New York State Council on the Arts with the support of The Governor and the New York State Legislature and administered by The Arts Center of the Capital Region.
- Received a grant to support transporting seniors to restaurants, cultural and educational venues, parks and so much more.
 The Michele L. Vennard Hospitality Grant Program of the Albany County Convention and Visitor's Bureau Fund, a fund of
 the Community Foundation for the Greater Capital Region, that was established to support the Albany County hospitality
 industry by funding programs that will help build and sustain Albany County Tourism destinations, attractions and events
 and bring more visitors to the County.
- Received from Honest Weight Food Co-Op and their patrons over \$5,000 as their recipient of their May charity fundraiser.
- Collaborated with The Albany Field Office of the U.S. Committee for Refugees and Immigrants (USCRI) to help integrate senior refugees by offering free English as a Second Language classes twice a week, exposing them to cultural events and programming through CSSC's senior community dining programs, community concerts, and THE CENTER at CSSC.
- Created "The Meals that Care Initiative", in response to on-going community requests for food assistance. This program provides meals to homebound, vulnerable or ill seniors living within a 5-mile radius of The Beltrone Living Center. The goal is to deliver meals to seniors, for the short-term, who are truly struggling, are in recovery and/or unable to cook for themselves until they able to care for their own needs again. This program is made possible with the support of Goldstein Auto Group, the Estate of Larry Siegel, Highmark Blue Shield of NENY and a grant from the Albany County Legislature.
- Was honored to receive from Rivers Casino and Resort and their patrons over \$4,000 as their chosen not-for-profit in their month of December "Making a Difference Campaign."
- Were grateful to Assemblyman Phil Steck for his hard work and dedication to our senior community in securing \$150,000 in state funding to allow CSSC to purchase vehicles for our fleet.
- Received a \$2 million grant from the Assembly of the State of New York, Speaker Carl E. Heastie and Assemblyman
 Phil Steck to support capital costs associated with the proposed King Thiel II Senior Community.

Program Directors and Staff

Ihab Abdulsada, Maintenance Technician Donald Anderson, Jr., Transportation Driver

Lynda Atanasio, Transportation Director

Caroline Barrett, Lifelong Wellness Director

Liliana Bashford, Bright Horizons Program Assistant

William Byrd,

Transportation Driver

Mark Carroll,

Maintenance Technician

Anthony Cassidy,

Maintenance Technician

Casey Chaplin,

Maintenance Technician

Jason Chaplin,

Maintenance Technician

Roger Coles,

Transportation Driver

Diane Conroy-LaCivita, Executive Director

Jason Courter,

Transportation Driver

Carol Daley,

Administrative Assistant

Roger Dames.

Defensive Driving Instructor

Michael DiGiuseppe, Media & Communications Specialist

Ron Dikas,

Senior Dining Coordinator

Christian Fedden, Tranportation Driver

Jessica Flynn,

Building Manager

Derek Forchilli,

Maintenance Technician

John Golon,

Transportation Driver

Ronald Goodman,

Transportation Driver

Elizabeth Hatlee, Senior Dining Coordinator

Sharon Herald, Executive Assistant and Umbrella Coordinator

Harold Houghton, Maintenance Technician

Rachel Hoyka,

Administrative Assistant

James Kelly, Volunteer Director

Andrew Koenig, Finance Director

James Kvme.

Transportation Director

Louis LaCivita.

Administrative Assistant

Tammy LaFountain,

Transportation Director

Raymond Latham, Jr., Maintenance Technician

Hellen Lavender, Administrative Assistant Madelyn Leisenfelder, Administrative Assistant

Xia Li, Accounting Assistant

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Transportation Director

Robert Manor,

Maintenance Technician

Debra McClune, Building Manager

James McQuade,

Tranportation Driver

Daniel Meher,

Tranportation Driver

Laurie Miedema,

Development Director

Connor Munro,

Transportation Driver

Susan Napierski,

Bright Horizons Director

Richard Nigro,

Maintenance Technician

Alfred Palumbo.

Tranportation Driver

Sarah Perkins, Bright

Horizons Site Manager

Arthur Phillips.

Maintenance Technician

Fe'Lee Reyes,

Adminsitrative Assistant

Aimee Richardson, Building Manager

Carol Ripley, Administrative Operations and HR Director Anthony Scaffidi-Fonti, Maintenance Technician

Franco Scaffidi-Fonti, Maintenance Director

Nancy Schmitt, Transportation Assistant

Scott Seymour,

Accounting Assistant

Jenna Sharer, Bright Horizons Program Assistant

Robert Spicher,

Tranportation Driver

Leonard St. Gelais, Tool Box Coordinator

Thomas Teta,

Maintenance Technician

Thankachan Thaickal, Maintenance Technician

Peter Thomas.

Maintenance Technician

John VanLuyk,

Tranportation Driver

Kristin Vivian, RSVP and Volunteer Director

Joseph Welsh,

Tranportation Driver

Charles Wiley,

Tranportation Driver

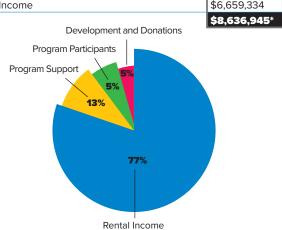
John Wittig,

Tranportation Driver

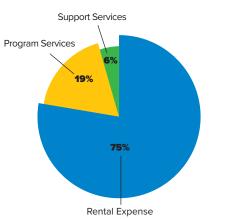
Programs and Services Financial Report

Revenue and Expense Chart

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Revenue		
Development and Donations	\$417,792	5%
Program Participants	\$466,286	5%
Program Support	\$1,093,533	13%
Rental Income	\$6,659,334	77%



Expenses		
Support Services	\$498,115	6%
Program Services	\$1,570,617	19%
Rental Expense	\$6,374,021	75%
	\$8,442,753*	



Bright Horizons Adult Day Services

The Bright Horizons Adult Day Social Program provides a safe place for loved ones who need a supportive environment during the day and respite for their caregivers. Bright Horizons partners with families to offer a program that includes companionship, hot meals, exercise, recreation, and socialization. Bright Horizons also offers a virtual option to join our program two days a week and trained adult day social respite volunteers to provide programming in the home. Bright Horizons has provided more than 15,000 hours a year of respite to caregivers throughout the Capital Region.

Bright Horizons program activities include music therapy, pet therapy, Tai Chi, giant crossword puzzles, memory/trivia games, word games, arts and crafts, discussion groups, flower arranging, field trips, virtual travel, storytelling, baking group and a walking group. Activities vary based on the interests of the members. We are committed to continue our mission of providing quality social adult day services to seniors within the Capital Region.

Through a grant from the New York State Caregiving and Respite Coalition (NYSCRC), CSSC was able to expand respite services within the counties of Albany and Schenectady through the REST (Respite, Education and Support Tools) program. This program trains volunteers to provide adult day social programming in the home to the senior in need. The respite volunteers provide respite to both the member and caregiver, and provides each with a sense of purpose, continued independence and peace.

Bright Horizons provides caregiver support through its Caregiver Lending Library, making available resources through CDs, DVDs and books relating to taking care of a loved one, as well as resources relating to the caregiver taking care of themselves. We also hold an Alzheimer's Caregiver Support group, once a month, at The Beltrone Living Center. Caregivers may bring their loved one to Bright Horizons while they attend the support group meeting, thus receiving the respite care they need while knowing their loved one is safe.



Transportation Services

The Transportation Services Program provided by Colonie Senior Service Centers, Inc. enables older adults, aged 60 or greater, to get to medical appointments, senior dining sites, social adult day service programs, volunteer opportunities in the community, the pharmacy, the grocery store, social and life-long learning activities, as well as community and cultural events and run errands. In CSSC's forty-one years of serving seniors, Transportation Services has never been more important as seniors are eager to engage with their community. In a typical year, the Transportation Services Program provides over 25,000 rides to seniors with our fleet of 12 vehicles. In 2022, CSSC received one (1) new 12-seat bus, through a federal 5310 grant.

CSSC is proud to have dedicated and enthusiastic drivers who provide curb-to-curb Transportation Services, where a senior is picked up at the front door of their home and taken to the front door of their destination. When they are ready we pick them up and take the senior safely back home. CSSC's Transportation Services Program helps seniors in our community remain independent and active in the community.

Driver Fitness Center

Our Driver Fitness Center at The Beltrone Living Center works closely with other senior service providers and the law enforcement community to offer resources to assist older drivers to continue driving safely, longer and help maintain their independence and self-sufficiency.

The Driver Fitness Center, in 2022, conducted the Defensive Driving program endorsed by the American Safety Institute. Our classes were held twice a month at The Beltrone Living Center with over 530 senior drivers participating in the socially distanced classroom. These experienced senior drivers were updated on essential driving skills that help reduce risk, prevent accidents and allow them to continue to drive safely on our roads with confidence.







Senior Community Dining

In 2022, Colonie Senior Service Centers served 27,460 meals at five locations, as well as our Bright Horizons Adult Day Program. All neighborhood sites resumed in-person dining and twice per month musical entertainment. With the pandemic restrictions lifted, we saw the desire for seniors to reconnect socially with others in their community, resulting in more seniors participating in the Senior Dining Program. In 2022, the Senior Dining Program served more than 2,500 meals over the number served prior to the pandemic.

CSSC was proud to be able to provide a nutritious low to no cost meal to seniors in the community during a time of unstable supply chains and record high grocery prices across the nation.

Neighborhood meal sites can be found at

- The Beltrone Living Center,
 6 Winners Circle, Albany, 12205 (19,337 meals served)
- Bishop Broderick Apartments,
 50 Prescott Street #1, Albany, NY 12205
 (2,547 meals served)
- King Thiel Senior Community, 17 Elks Ln, Latham, NY 12110 (2,180 meals served)
- Sheehy Manor, 8 Carondelet Dr, Watervliet, NY 12189 (1,524 meals served)
- Guilderland Senior Center, 141 Bavarian Way, Altamont, NY 12009 (1,872 meals served)



THE CENTER at CSSC

In the fall of 2022, **THE CENTER** at CSSC celebrated its third year of serving the seniors of our community. What change we saw in those three years! In dreaming up **THE CENTER**, we wouldn't have imagined, couldn't have imagined, how the world would change, and how it would impact our programming. As we enter 2023, **THE CENTER** has 1700 members, and increase of 400 senior members since the beginning of 2022.

Last year, we saw incredible growth in our programs, and also saw the age of the seniors we serve change. As people retired after the pandemic, the demand for everything **THE CENTER** offers grew. The increase in younger seniors exploded, changing how we plan and what we plan. Our programming now includes club events such as mahjong and exciting outings like kayaking. Our seniors knit and quilt and paint in watercolors and also learn how to make monoprints and line dance, create mosaics and practice pilates. In short, we are offering a bit of everything, for all people.

At **THE CENTER** at CSSC, we believe that inside every person is an adventurer, an artist, and athlete, a lifelong learner and someone who needs to be around other people. We hope to nurture those inner beings and draw them out. We invite all seniors to be an explorer with us, be creative, meet someone new, and be part of an inclusive community.



Umbrella of Colonie

Umbrella of Colonie connects senior homeowners to a wide variety of home maintenance services, allowing them to continue to live safely and independently in their own homes. By utilizing the assets within our community, we connect senior homeowners with retired handy men and women who help perform simple home repairs at a very reasonable cost. The homes stay in good condition at a manageable cost, and relationships are forged between the handy people and the homeowners. Now in its 15th year, Umbrella of Colonie continues to improve and extend services to meet the needs of our constantly growing number of seniors in the Town of Colonie.

In addition, Umbrella of Colonie continues to assist with the annual Warmth of Winter fundraiser, which raises money to help seniors in the community with their winter heating bills. In 2022, with the incredible support of the our local community we raised enough money to assist over 200 senior households with their winter heating expenses.



Tool Box

Tool Box, which is an expanded service component of Umbrella of Colonie, is a volunteer run, donation based, tool resale shop. Created in 2015, Tool Box is located in The Hilltop Plaza, 143 Troy-Schenectady Road, Watervliet, in the Town of Colonie. Tools are donated by members of the community, cleaned and organized by volunteers, and sold at a highly discounted rate to the public. All proceeds from the Tool Box help low income Umbrella members with upkeep and repairs that are needed, but may not be easy to afford.

The Tool Box continues to grow and consists of volunteers who are dedicated, conscientious and enjoy the opportunity to create lasting friendships with other volunteers while connecting with members of our community who share their love of tools.

Volunteer Opportunities

CSSC is privileged to have 328 active AmeriCorps Seniors RSVP volunteers (RSVP and CSSC combined) who give freely of their time and talent to help seniors and their families each year. In 2022, nearly a hundred of these volunteers donated their time to CSSC's Senior Dining Program, Bright Horizons Adult Day Program, Tool Box and Senior Transportation Services, and also volunteered to help at various fundraising and community events. On average through CSSC, volunteers provided 534 hours per month, for a total of 6,408 hours of their time to support the Capital Region community.

CSSC, for the eighth year, is the Capital Region AmeriCorps Seniors RSVP sponsor. We provide diverse opportunities for senior volunteers age 55 and over by collaborating with 60 RSVP stations (organizations that include hospitals, non-profits, proprietary healthcare organizations, historic sites, social service organizations, educational institutions) throughout Albany, Rensselaer, and Schenectady counties. During 2022, RSVP seniors were able to return to their volunteer opportunities as RSVP stations continued reopening. RSVP volunteers make a difference for the many organizations they serve. They impact people's lives with their spirit and sense of responsibility, making things happen for the greater good of the community.

In October, we hosted a Fall Volunteer Opportunity Fair at The Beltrone Living Center to encourage seniors to return to volunteering in our community. This Fair gave area nonprofit organizations, like Shaker Heritage Society, Friends of Fiver Rivers, Alzheimer's Association of NENY, C.E.O, Eddy Village Green, the Pruyn House, SPHP, Grafton Lakes State Park, Hope 7 Community Center and The Joan Nicole Prince Home the chance to present their volunteer opportunities to hundreds of seniors who attended the event.



Independent Senior Living Communities

Colonie Senior Service Centers, Inc. currently offers three senior living communities that provide affordable housing to seniors so they may age in in place in our community.

The Beltrone Living Center

Located adjacent to The Crossings of Colonie, The Beltrone Living Center, an affordable, 55+ housing community, opened its doors in 1999 with 250 apartment homes for independent seniors. The Beltrone Living Center is a truly unique community with numerous amenities. Residents do not have to leave the comfort of the building to get to the Lakeview Restaurant operated by Mazzone Hospitality, the Country Café, the Salon at Beltrone, library, billiards room or Bright Horizons Adult Day Services. Colonie Senior Service Centers' administrative as well as programs and services offices are located in The Beltrone Living Center. Hundreds of community events and activities are held at The Beltrone for older adults throughout the Capital Region to come together for a variety of reasons and interest.

King Thiel Senior Community

The King Thiel Senior Community, which opened in May 2017, is the newest and premier, affordable, 55+ independent senior living option in Colonie. This apartment community offers 96 one and two bedroom apartment options along with exceptional lists of amenities and features that make living comfortable and affordable for seniors seeking affordable housing. This housing community not only meets a long-awaited need, it also appeals to others who may be looking for a community center. The "Clubhouse" is for residents and community members to gather for activities, parties, classes and social gatherings. Included in the Clubhouse are a café, fitness center, library, lounge and many other features. Currently, The King Thiel Senior Community has an approximate five to seven year waiting list.

Sheehy Manor

Sheehy Manor opened its doors in 1998 to seniors over 62 years of age with limited income. Many original residents still live there today, a testament to the comfort and character of the facility. Sheehy Manor has become one of the area's premier residences for independent seniors, maintaining a long waiting list for interested future residents.







Community Support in 2022

During 2022, CSSC services and programs faced a vast increase in demand, as seniors yearned to re-engage with their community. We were able to support our senior community due to the generous support of the business community, foundations and individuals who believe in the mission of CSSC.

We kicked off the year with the 17th Annual Warmth of Winter, held virtually on February 25th. The community once again embraced the virtual concept and raised funds to help 200 senior households stay warm, as the event proceeds helped defray the cost of heating their homes and assisting them in repairing and maintaining their heating systems. We were thrilled again to have Andrea Crisafulli as the event chair, and to have Craig Adams from WRGB as our emcee. Thank you to the tremendous support of our sponsors: Crisafulli Bros.; Twin Bridges Waste & Recycling; Carey Electric; KeyBank; Meier Law Firm, PLLC; Equinox Companies; Haylor, Freyer & Coon; Bouchey & Clarke Benefits, Inc.; CAP COM FCU; All Star Wine & Spirits; Teal, Becker & Chiaramonte, CPAs; Capital Bank; Lennox Industries; Gallagher; Colonie Mechanical Contractors, Inc.; BBL Construction; O'Connor Hazelton Group – Merrill Lynch Wealth Management; Pioneer Bank; Lervx Technology; Fenimore Asset Management; Capital Safety Services; CBRE-Albany; F.W. Webb Co.; Godfrey Financial Associates, Inc.; N&S Supply; R.F. Peck; Hoffman Car Wash; WCGS Architects; MVP Healthcare; Skyview Landscapes; Haase Family Advisors; Direct Advisors; Sage Financial Associates; Family Danz Mechanical, LLC; Broadway Auto Clinic; Capital District Digital; Mazzone Hospitality and our media sponsor WRGB.

The Mother's Day Fashion Show and Luncheon, held the Friday before Mother's Day, returned and was a resounding success! Our models Betty Skurmurski (BLC), Joan Howell (SM), Margurita Johnson (KTSC) and CSSC's Rachel Hoyka wore beautiful spring and summer fashions from Chico's in Stuyvesant Plaza. This was an afternoon full of incredible enjoyment with the assistance of NewsChannel 13 anchor Chris Onorato, who joined us again as the event's emcee. We were fortunate to have officers from the Town of Colonie Police Department serve as escorts for our models. Fun was had by all and the proceeds benefitted CSSC's Transportation Services. Thank you to all of our wonderful sponsors: CDPHP; Marquis Certified Home Care; Centers for Healthcare; Landmark Health; NFP; Albany ENT; Elderwood Village at Colonie; Goldstein Auto Group; Humana; Meier Law Firm, PLLC; Merrill – The O'Connor Hazelton Group; Peregrine Senior Living at Colonie, and Residences at The Crossings Two.

On September 12th, the 29th Annual Salvatore R. and Anna E. Beltrone Golf Classic, teed off at Schuyler Meadows Club in Loudonville. A good time was had by the full-field of golfers who were happy to return to a shot gun start. Many new challenges were offered on the course, including the State Farm Air Cannon, rolling the dice to find your tee off spot, to a new putting contest. The day of golf ended with dinner and an evening program emceed by Ryan Peterson from WTEN. All proceeds from the Beltrone Golf Classic benefitted CSSC's Transportation Services. Thank you to our sponsors: The Salvatore R. & Anna E. Beltrone Family Foundation; BBL Construction Services, LLC; Berkshire Bank; Carey Electric; Citizens Bank; Herzog Law Firm P.C.; Human; Rowlands, LeBrou & Griesmer, PLLC; CAP COM FCU – A Division of Broadview; Roemer Wallens Gold & Mineaux, LLP; RBC Capital Markets; RF Peck Co. Inc.; Haylor Freyer & Coon, Inc.; CDPHP; Luizzi Companies; WCGS Architects; Bellevue Builders Supply; Brizzell's Flowers; BST & Co. CPAs, LLP; Maloney Family; MorelliART LLC; SEFCU Insurance Agency, LLC – A Division of Broadview; Sherwin Williams, and WEB Engineering, P.C.

A week later, on September 19th, we held the 4th Annual Chefs in Motion Culinary Competition. This event brought together many restaurants and chefs from around the Capital Region to compete for Judge's Choice award, won by Chef Jose Artech III of Shogun Sushi in Delmar and the People's Choice won by Kizzie Williams of Allie B's in Albany. People came together to experience and appreciate local farmers, producers, chefs, cooks, and restaurants. Generous support from our sponsors CDPHP, BBL Construction, Rosenblum Companies and Livingston Energy and community participants let us to once again fund CSSC's Transportation Services Program, allowing seniors to stay active and independent.

On October 27th, at the 21st Annual Founders' Celebration CSSC celebrated its 41st anniversary as the largest non-profit supporting seniors in the Capital Region. During the festivities we were honored to present this year's Colonie Senior Spirit Awards to Highmark BlueShield of Northeastern New York, U.S. Committee for Refugees and Immigrants (USCRI), the Pride Center of the Capital Region, and the incredible team of Chefs, Chef Joan Dembinski, Chef Yono Purnomo, and Chef Harold Qualters who assist CSSC in raising funds for the Transportation Services Program. These Colonie Senior Spirit Awardees are quiet heroes who are helping the community in a positive manner through support, example and deed. Each has demonstrated a keen awareness of what is needed to protect and improve the quality of life of seniors in their own unique way, resulting in them remaining healthy, active and independent.

The Founders' Celebration was made possible by our generous sponsors: BBL Construction Services, LLC; Cohoes Savings Foundation; The Salvatore R. & Anna E. Beltrone Family Foundation; CDPHP; WCGS Architects; Felthousens Florist and Green Houses; CBRE-Albany; Equinox Companies; Hershberg and Hershberg; Herzog Law Firm P.C and Newton Plaza Associates.

CSSC is committed to collaborating with businesses, local not-for-profits, educational institutions, local municipalities, community leaders and members of our community to provide seniors with the programs and services they need to age in place where they choose. Thank you to all our fabulous partners. Honestly, we would need a book to thank everyone. Many hands really do make lighter work.

Thank You

The following pages reflect the generosity of our corporate and individual donors. Thank you for your continued support of Colonie Senior Service Centers, Inc.

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CDPHP

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MVP Health Care

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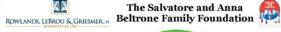


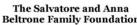




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