



Retired Senior Volunteer Program of the Capital District

RSVP STATION VOLUNTEER OPPORTUNITIES

December 2022

Albany International Airport (Albany)

www.albanyairport.com

Airport Ambassador

Albany Jewish Community Center (Albany)

www.albanyjcc.org

- Healthy Bones for Life Leader
- Special Events-Health & Services Fair
- Sixty Plus Dining

Albany Police Athletic League, Inc. (Albany)

www.albanypal.org

After school & summer mentoring

Albany Stratton VA Medical Center (Albany)

www.albany.va.gov

- Patient Transport
 - Bedside Companion
 - Redcoat Ambassadors
 - DAV Driver

Altamont Program, Inc. (Albany)

www.pyhit.com

Meal delivery program

Alzheimer's Association of NENY (Albany)

www.alz.org/northeasternny

- Clerical
- Distributing information
- Telephone assurance

American Italian Heritage Association and Museum (Albany)

www.americanitalianmuseum.org

- Special Events
- Museum
- Preserve Italian Heritage

American Red Cross of Eastern NY (Albany)

www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html

- Drivers for blood donations
- Donor Ambassadors
- Canteen & registration for blood drives
- Services to the Armed Forces

Baptist Health Nursing & Rehabilitation Center (Scotia)

www.bapthealth.com/new/

- Wheelchair transportation
- Friendly visitor
- Gift shop

C.E.O. -Coalition on Economic Opportunity (Troy)

www.ceoempowers.org

- Foster Grand Parent Program
- Office work/clerical

Colonie Senior Service Centers, Inc. (Albany)

www.colonieseniors.org

- Adult day services friendly volunteer
- Activities leader
- Country Café
- Event support
- Healthy Bones for Life leader
- Senior Dining
- Transportation companion

Colonie Youth Center (Albany)

www.colonieyouthcenter.org

- Before/after school programs (both at CYC and in-district at N. Colonie)
- Summer camp help

Community Caregivers (Guilderland & Rensselaer County)

www.communitycaregivers.org

- Companionship
- Transportation
- Telephone assurance

Crossroads Center for Children (Schenectady)

www.crossroadcenter.org

- Helping with students
- Garden, grounds, or playground maintenance (April November)
- Organizing gym equipment, cleaning toys, stocking supplies (year-round)

Discover Albany (Albany County Convention & Visitors Bureau) ** Volunteers ON HOLD**

www.albany.org

- Welcome to Albany Kiosk
- Registration Desk (for conferences/conventions)
- Greeters/guides
- Food & beverage attendants (for conferences/conventions)

Eddy Village Green at Cohoes (Cohoes)

www.sphp.com/eddy-village-green-at-cohoes-cc

- Gift shop assistant
- Friendly visitor
- Teaching exercise classes
- Activities/gardening/crafts/music/piano playing/singing
- Pet Therapy

Eddy Village Green and Terrace at Beverwyck (Slingerlands)

www.sphp.com/eddy-village-green-at-beverwyck-cc

- Gift shop assistant
- Friendly visitor
- Teaching exercise classes
- Activities/gardening/crafts/music/piano playing/singing

Ellis Medicine (Schenectady)

www.ellismedicine.org

- Office/Clerical positions
- Intensive Care Unit (ICU) Greeters
- Emergency Room Volunteers
- Nursing Unit Support Volunteers
- Friendly visitors
- Eucharistic Ministers
- Gift Shop Associates
- Pet Therapy Volunteers
- Hospital Greeters

Food Pantries for the Capital District (Albany, Schenectady, and Rensselaer Counties)

www.thefoodpantries.org

- Food Connect Mobile Outreach Program (mobile produce stand and food pantry information)
- Food Pantry (Albany, Schenectady or Rensselaer Counties)
- Office Assistant
- Special Events

Friends of Five Rivers (Delmar)

www.FriendsofFiveRivers.org

- Instructor for Guided School Program
- Birdseed Sale
- Special Events

Girl Scouts of NENY (Albany)

www.girlscoutsneny.org

- Activity assistant/Assistant leader
- Guest speaker for meetings
- Summer camp help
- Special events

God's Soup Kitchen- New Jerusalem Home of the Saved Church (Albany)

• Assistance with Food Pantry distribution

Good Shepherd Lutheran Church (Loudonville)

www.gslcl.org

- Food service assistant (ongoing meal programs)
- Gardener/landscape assistant
- Special events

Grafton Lakes State Park (Grafton)

www.nysparks.com

- Welcome Center Greeter
- Trail Ambassador
- Trail Assessor
- Event Coordinator Assistant

Habitat for Humanity ReStore (Albany)

www.habitatcd.org/restore

- Clerical
- Greeter/floor volunteer
- Cashier assistant

Heritage Home for Women (Schenectady)

www.heritagehome4women.net

- Friendly visitor
- Special events

Hope 7 Community Center

www.Hopeseven.com

- Youth Program
- Food Pantry

International Center of the Capital Region (Rensselaer)

www.iccralbany.org

- Event Planning
- Fundraising/Marketing
- Translating/Interpreting
- Program Development

Irish American Heritage Museum (Albany)

www.irish-us.org

- Museum event assistant
- Marketing/PR/social media

Jezreel International (Albany)

www.jezreelinternational.org

- Sorting & packing donated items
- Veteran's Miracle Center

Joan Nicole Prince Home (Schenectady Community Home, Inc.) (Scotia)

www.joannicoleprincehome.org

- Cooking
- Comfort support (reading/visiting)
- Yard maintenance/gardening/light housekeeping

Junior Achievement of Northeastern New York (Capital District)

www.neny.ja.org

- In-classroom volunteer
- JA in a Day (volunteering in a classroom for one day)
- Special Events

Life Path (formerly Senior Services of Albany) (Albany)

www.seniorservicesofalbany.com

- Clerical
- Senior dining
- Transportation
- Telephone assurance

New Choices Recovery Center (Schenectady)

www.newchoicesrecovery.org

- Mentor
- Friendly Visitor
- Special Events Program Leader (life skills/educational & vocational skills, art, nutrition, etc.)

New Life Church of Christ – God's Soup Kitchen (Albany)

No website

- Food pantry
- Thrift shop
- Soup kitchen

New York State Mentoring Program (Rensselaer)

www.ny.gov/programs/new-york-state-mentoring-program

• 1-to-1 mentor matched with student at school site in Albany, Cohoes, East Greenbush, Rensselaer, Schenectady, Troy or Watervliet.

New York State Museum (Albany)

Volunteers ON HOLD

www.nysm.nysed.gov

- Special Events
- Front Desk
- Educator assistance
- Afterschool program

NY Statewide Senior Action Council (Albany)

www.nysenior.org

- Assisting with administration (data entry and making phone calls)
- Staffing Exhibits and Distributing Information

Pruyn House (Loudonville)

www.pruynhouse.org

- Clerical
- Summer concert series
- Special events

The RED Bookshelf (Albany)

www.theredbookshelf.org

- Book donation drives and repairs
- Community Book Handouts

R.I.S.S.E (Refugee & Immigrant Support Services of Emmaus (Albany)

www.risse-albany.org/home

- Afterschool programs
- Family helper
- Small group/language support
- Civics tutoring for citizen test
- Special events & projects committees/clerical and grounds clean up

Schenectady Community Ministries (SiCM) (Schenectady)

www.sicm.us

- Mobile pantry
- Box Truck Driver
- Delivery Drivers
- Food Pantry M-F 830-1130am, M-F 1130-2pm
- Schenectady Urban Farms
- Programs and Events

Schenectady County Historical Society/Mabee Farm (Schenectady/Scotia)

www.schenectgadyhistorical.org

- Information desk
- Tour guide
- Special events

Shaker Heritage Society (Albany)

www.shakerheritage.org

- Gift shop
- Tour guide
- Curate old photos/documents

Spina Bifida Association of Northeast NY (Scotia)

www.sbaneny.org

- Clerical
- Special events/fundraising/bookkeeping
- Tech support

St. Peter's Health Partners – Acute Care (Albany & Troy)

www.sphp.com/sph

- Information desk
- Gift shop

STRIDE Adaptive Sports (West Sand Lake)

www.stride.org

Swimming instructors

- Camp counselors
- Clerical/office work
- Special Events

Sunnyview Hospital (Schenectady)

www.sphp.com/svh

- Clerical
- Gift Shop
- Reception Desk 2nd Floor (Outpatient Unit)

Town of Bethlehem Parks & Recreation (Delmar)

www.townofbethlehem.ort/140/Parks-Recreation

• Healthy Bones for Life leader

Town of Colonie Senior Resource Department (Albany)

www.colonie.org/departments/seniors/

- Grocery shopping assistance
- Health insurance counseling (data entry)

Town of Guilderland Senior Services (Guilderland)

www.townofguilderland.org/senior-services

- Health & Wellness Program leaders
- Senior dining
- Meals on Wheels
- Needle craft

Unity House (Troy)

www.unityhouseny.org

- Community Melas
- Food Pantry
- Restyle Thrift Store
- A Child's Place Program
- Mental Health and Housing Support
- Domestic Violence Services Program
- Special Events
- Clerical/Administrative

US Commission on Immigrants & Refugees (USCRI) (Albany)

Refugees.org/uscri-albany

- ESL teacher/assistant
 - Refugee Mentors
 - Housing Helpers
 - Patient Navigators

Victoria Acres Equine Facility (Altamont)

www.victoriaacresequinefacility.com

- Program assistant (lead walker, side walker of horses)
- Stable help
- Facility/grounds help
- Special events

West Hill Refugee Welcome Center (Albany)

www.rwcwesthill.com

- Fundraising
- Grant writing
- Childcare
- Individual/family mentoring

Women's Employment & Resource Center (Troy)

www.cdwerc.org

- Volunteer coordinator
- Office/clerical
- Data entry

Please note: Although stations have a location indicated next to them, many of them serve the greater Capital Region and have programs located throughout Albany, Rensselaer, and Schenectady Counties. Additionally, Volunteer Stations may have more opportunities than what are listed here. If an organization is of interest to you but you do not see a desired volunteer role listed, I am happy to inquire on your behalf about additional opportunities.