



# RSVP

Lead with Experience



## RSVP STATION VOLUNTEER OPPORTUNITIES

### **Albany City School District (Albany)**

[www.albanyschools.org/volunteering/index.html](http://www.albanyschools.org/volunteering/index.html)

- Literacy tutor
- In-class helper

### **American Red Cross of Eastern NY (Albany)**

[www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html](http://www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html)

- Drivers for blood donations
- Donor Ambassadors
- Canteen & registration for blood drives
- Services to the Armed Forces

### **Albany International Airport (Albany)**

[www.albanyairport.com](http://www.albanyairport.com)

- Airport Ambassador

### **Military Courtesy Room at the Albany International Airport (Albany)**

[www.jmckennamilitarycourtesyroom.org](http://www.jmckennamilitarycourtesyroom.org)

- Greeter/Ambassador

### **Albany Jewish Community Center (Albany)**

[www.albanyjcc.org](http://www.albanyjcc.org)

- Healthy Bones for Life Leader
- Special Events-Health & Services Fair
- Sixty Plus Dining

### **Albany Memorial Hospital (Albany)**

[www.sphp.com/volunteer-amh](http://www.sphp.com/volunteer-amh)

- Anticoagulation Clinic
- Gift Shop
- Transportation

### **Albany Police Athletic League, Inc. (Albany)**

[www.albanypal.org](http://www.albanypal.org)

- After school & summer mentoring

**Albany Public Library (Albany)**

[www.albanypubliclibrary.org](http://www.albanypubliclibrary.org)

- Assist with library reading programs
- Teach craft class
- Tutor after school
- Computer Assistance

**Albany Symphony Orchestra (Albany)**

[www.albanysymphony.com](http://www.albanysymphony.com)

- Usher
- Special Events

**Albany Stratton VA Medical Center (Albany)**

[www.albany.va.gov](http://www.albany.va.gov)

- Patient Transport
- Bedside Companion
- Redcoat Ambassadors
- DAV Driver

**Alliance for Positive Health (Albany/Schenectady)**

[www.allianceforpositivehealth.org](http://www.allianceforpositivehealth.org)

- Administrative/Office Tasks
- Food pantry
- Special Events

**Alzheimer's Association of NENY (Albany)**

[www.alz.org/northeasternny](http://www.alz.org/northeasternny)

- Clerical
- Distributing information
- Telephone assurance

**Baptist Health Nursing & Rehabilitation Center (Scotia)**

[www.bapthealth.com/new/](http://www.bapthealth.com/new/)

- Wheelchair transportation
- Friendly visitor
- Gift shop

**Bethesda House of Schenectady (Schenectady)**

[www.bethesdahouseschenectady.org](http://www.bethesdahouseschenectady.org)

- Hospitality Center Friendly Visitors
- Food Pantry ordering/organizing/Soup Kitchen
- Friend Visitors for Lighthouse Program for veterans
- Clothing Room intake
- Literacy Program volunteers
- Special events

**Capital Repertory Theatre (Albany)**

[www.capitalrep.org](http://www.capitalrep.org)

- Ticket scanning
- Handing out programs
- Seating patrons
- Stuffing playbills
- Greeting patrons

**Capital Roots (Troy)**

[www.capitalroots.org](http://www.capitalroots.org)

- Veggie Mobile produce market helper
- Community Gardening volunteer
- Collecting produce for Squash Hunger program
- Taste Good Series classroom education helper

**Catholic Charities (Albany) & Catholic Charities Senior & Caregiver Services of Schenectady (Schenectady)**

[www.ccrda.org](http://www.ccrda.org)

- Companionship
- Distributing information
- Meals on Wheels
- Transportation
- Ombudsman
- Senior dining
- Soup kitchen

**Children's Museum of Science & Technology (Troy)**

[www.cmost.org](http://www.cmost.org)

- Handy person
- Program assistant

**Cohoes Multi-Service Senior Citizens Center (Cohoes)**

[www.cohoesseniorcenter.org](http://www.cohoesseniorcenter.org)

- Clerical
- Healthy Bones for Life leader
- Adult Day Program
- Silver Tops

**Colonie Senior Service Centers, Inc. (Albany)**

[www.colonieseniors.org](http://www.colonieseniors.org)

- Adult day services friendly volunteer
- Activities leader
- Beltrone Singers leader
- Car-Fit technician
- Clerical, mailings
- Country Café
- Event support
- Healthy Bones for Life leader
- Senior Dining
- Transportation companion

**Colonie Youth Center (Albany)**

[www.coloniyouthcenter.org](http://www.coloniyouthcenter.org)

- Before/after school programs (both at CYC and in-district at N. Colonie)
- Summer camp help

**Commission on Economic Opportunity (CEO) (Troy)**

[www.ceoempowers.org](http://www.ceoempowers.org)

- Greeter/Receptionist
- Interpreter
- Tax preparer

**Community Caregivers (Guilderland)**

[www.communitycaregivers.org](http://www.communitycaregivers.org)

- Companionship
- Transportation
- Telephone assurance

**Crossroads Center for Children (Schenectady)**

[www.crossroadcenter.org](http://www.crossroadcenter.org)

- Helping with students
- Garden, grounds or playground maintenance (April – November)
- Organizing gym equipment, cleaning toys, stocking supplies (year-round)

**Early Care & Learning Council (Albany)**

[www.earlycareandlearning.org](http://www.earlycareandlearning.org)

- Clerical
- Programs & services
- Research assistant
- Special projects

**Eddy Village Green at Cohoes (Cohoes)**

[www.sphp.com/eddy-village-green-at-cohoes-cc](http://www.sphp.com/eddy-village-green-at-cohoes-cc)

- Gift shop assistant
- Friendly visitor
- Teaching exercise classes
- Activities/gardening/crafts
- Music/piano playing/singing

**Eddy Village Green and Terrace at Beverwyck (Slingerlands)**

[www.sphp.com/eddy-village-green-at-beverwyck-cc](http://www.sphp.com/eddy-village-green-at-beverwyck-cc)

- Gift shop assistant
- Friendly visitor
- Teaching exercise classes
- Activities/gardening/crafts
- Music/piano playing/singing

**Food Pantries For The Capital District (Albany, Schenectady and Rensselaer Counties)**

[www.thefoodpantries.org](http://www.thefoodpantries.org)

- Food Connect Mobile Outreach Program (mobile produce stand and food pantry information)
- Food Pantry (Albany, Schenectady or Rensselaer Counties)
- Office Assistant
- Community Ambassadors
- Special Events

**Friends of Five Rivers (Delmar)**

[www.FriendsofFiveRivers.org](http://www.FriendsofFiveRivers.org)

- Instructor for Guided School Program
- Birdseed Sale
- Special Events

**Girls Inc. of the Greater Capital Region (Albany & Schenectady)**

[www.girlsinccapitalregion.org](http://www.girlsinccapitalregion.org)

- After school program volunteers for a variety of topics for girls K-12

**Girls Scouts of NENY (Albany)**

[www.girlscoutsneny.org](http://www.girlscoutsneny.org)

- Activity assistant/Assistant leader
- Guest speaker for meetings
- Summer camp help
- Special events

**Glen Eddy Senior Living Community (Niskayuna)**

[www.eddyseniorliving.com/our-communities/independent-living/glen-eddy/](http://www.eddyseniorliving.com/our-communities/independent-living/glen-eddy/)

- Healthy Bones for Life leader
- Activities (manicures, reading, games, music, baking, bingo)

**Good Shepherd Lutheran Church (Loudonville)**

[www.gslcl.org](http://www.gslcl.org)

- Food service assistant (ongoing meal programs)
- Gardener/landscape assistant
- Clerical
- Special events

**Habitat for Humanity ReStore (Albany)**

[www.habitatcd.org/restore](http://www.habitatcd.org/restore)

- Clerical
- Greeter/floor volunteer
- Cashier assistant

**Heritage Home for Women (Schenectady)**

[www.heritagehome4women.net](http://www.heritagehome4women.net)

- Friendly visitor
- Special events

**Hope 7 Community Center (Troy)**

[www.hopeseven.com](http://www.hopeseven.com)

- After school program helper
- Food pantry
- Teen Tuesday helpers

**Interfaith Partnership for the Homeless (Albany)**

[www.interfaithpartnership.com](http://www.interfaithpartnership.com)

- Clothing/pantry volunteer
- Front desk clerk
- Floor volunteer/donations sorter
- Nurse volunteer

**Irish American Heritage Museum (Albany)**

[www.irish-us.org](http://www.irish-us.org)

- Museum event assistant
- Museum assistant
- Marketing/PR/social media

**Jezreel International (Albany)**

[www.jezreelinternational.org](http://www.jezreelinternational.org)

- Sorting & packing donated items
- Veteran's Miracle Center

**Joan Nicole Prince Home (Schenectady Community Home, Inc.) (Scotia)**

[www.joannicoleprincehome.org](http://www.joannicoleprincehome.org)

- Cooking
- Comfort support (reading/visiting)
- Yard maintenance/gardening/light housekeeping

**Leukemia & Lymphoma Society of Upstate NY/Vermont (Albany)**

[www.lls.org/upstate-newyorkvermont](http://www.lls.org/upstate-newyorkvermont)

- Office assistant
- Clerical & special events

**Literacy New York Greater Capital Region (Albany & Schenectady)**

[www.literacynycap.org](http://www.literacynycap.org)

- Tutors
- ESL class assistants
- Translators
- Clerical/office assistance

**Media Alliance (Troy)**

[www.mediasanctuary.org](http://www.mediasanctuary.org)

- Special Events
- Radio/Video/Post Production
- General help (clean up/gardening/organizing)

**Muscular Dystrophy Association (Albany)**

[www.mda.org/office/albany](http://www.mda.org/office/albany)

- Special events
- Program material/packet collation

**New Choices Recovery Center (Schenectady)**

[www.newchoicesrecovery.org](http://www.newchoicesrecovery.org)

- Mentor
- Friendly Visitor
- Special Events
- Program Leader (life skills/educational & vocational skills, art, nutrition, etc.)

**New York State Museum (Albany)**

[www.nysm.nysed.gov](http://www.nysm.nysed.gov)

- Special Events
- Front Desk
- Educator assistance
- Afterschool program

**New York State Office of General Services (Albany)**

[www.ogs.ny.gov](http://www.ogs.ny.gov)

- Capital Tour guides
- Empire State Plaza visitor assistance
- Observation Deck coverage
- NYS Executive Mansion Tours
- South Information Booth

**New Life Church of Christ – God’s Soup Kitchen (Albany)**

**No website**

- Food pantry
- Thrift shop
- Soup kitchen

**New York State Mentoring Program (Rensselaer)**

[www.ny.gov/programs/new-york-state-mentoring-program](http://www.ny.gov/programs/new-york-state-mentoring-program)

- 1-to-1 mentor matched with student at school site in Albany, Cohoes, East Greenbush, Rensselaer, Schenectady, Troy or Watervliet.

**NY Statewide Senior Action Council (Albany)**

[www.nysenior.org](http://www.nysenior.org)

- NY Tuesday Senior Program assist with meals and activities for seniors

**Northern Rivers Family Services (Albany)**

[www.northernrivers.org](http://www.northernrivers.org)

- Information desk
- After school program assistant
- Infant/Baby Room

**North Colonie Central School District (Latham)**

[www.northcolonie.org](http://www.northcolonie.org)

- Tutors – all subjects
- In class assistants
- Life skills mentors

**Northeastern Association of the Blind (Albany)**

[www.naba-vision.org](http://www.naba-vision.org)

- Reading mail, books and magazines
- Tape recording information
- Correspondence and record keeping
- Friendly Visitor
- Special events
- Admin/clerical



**Pruyn House (Loudonville)**

[www.pruynhouse.org](http://www.pruynhouse.org)

- Clerical
- Summer concert series
- Special events

**Red Bookshelf (Albany)**

[www.theredbookshelf.org](http://www.theredbookshelf.org)

- Book repair
- Book donation drives

**Rensselaer County Historical Society (Troy)**

[www.rchsonline.org](http://www.rchsonline.org)

- Special events
- Library
- Reception desk

**R.I.S.S.E (Refugee & Immigrant Support Services of Emmaus (Albany))**

[www.risse-albany.org/home](http://www.risse-albany.org/home)

- Afterschool programs
- Family helper
- Small group/language support
- Civics tutoring for citizen test
- Special events & projects committees/clerical and grounds clean up

**Sage Colleges, The Academy for Character Education at Esteves School of Education (Troy)**

[www.sage.edu](http://www.sage.edu)

- Clerical
- Special event/projects

**Schenectady County Historical Society/Mabee Farm (Schenectady/Scotia)**

[www.schenectadyhistorical.org](http://www.schenectadyhistorical.org)

- Information desk
- Tour guide
- Special events

**Schenectady Inner City Ministry (Schenectady)**

[www.sicm.us](http://www.sicm.us)

- Food pantry (greeting/sorting/packing/cleaning/driving)
- Summer meals program for youth (set up/arts & crafts/clean up)
- Community garden
- Senior Connect Program (set up/serve lunch/clean up)

**Senior Projects of Ravena (Ravena)**

**No website**

- Meals on Wheels drivers
- Medical appointment drivers
- Assist with planning Senior Center activities
- Thrift Shop

**Senior Services of Albany (Albany)**

**[www.seniorservicesofalbany.com](http://www.seniorservicesofalbany.com)**

- Clerical
- Senior dining
- Transportation
- Telephone assurance

**Shaker Heritage Society (Albany)**

**[www.shakerheritage.org](http://www.shakerheritage.org)**

- Gift shop
- Tour guide
- Curate old photos/documents

**South Colonie Central School District (Albany)**

**[www.southcolonieschools.org](http://www.southcolonieschools.org)**

- Tutor-reading
- In-classroom assistant

**Spina Bifida Association of Northeast NY (Scotia)**

**[www.sbaneny.org](http://www.sbaneny.org)**

- Clerical
- Special events/fundraising/bookkeeping
- Tech support

**St. Peter's Hospital (Albany)**

**[www.sphp.com/sph](http://www.sphp.com/sph)**

- Information desk
- Gift shop
- Egan Family Waiting Room

**STRIDE Adaptive Sports (West Sand Lake)**

**[www.stride.org](http://www.stride.org)**

- Swimming instructors
- Camp counselors
- Clerical/office work
- Special Events

**Sunnyview Hospital (Schenectady)**

[www.sphp.com/svh](http://www.sphp.com/svh)

- Healthy Bones for Life leader
- Clerical
- Gift Shop
- Reception Desk 2<sup>nd</sup> Floor (Outpatient Unit)

**Town of Bethlehem Parks & Recreation (Delmar)**

[www.townofbethlehem.org/140/Parks-Recreation](http://www.townofbethlehem.org/140/Parks-Recreation)

- Healthy Bones for Life leader

**Town of Colonie Senior Resource Department (Albany)**

[www.colonie.org/departments/seniors/](http://www.colonie.org/departments/seniors/)

- Grocery shopping assistance
- Health insurance counseling (data entry)

**Town of Guilderland Senior Services (Guilderland)**

[www.townofguilderland.org/senior-services](http://www.townofguilderland.org/senior-services)

- Health & Wellness Program leaders
- Senior dining
- Meals on Wheels
- Needle craft

**Troy Senior Center (Troy)**

[www.rensco.com/departments/department-of-aging/senior-centers](http://www.rensco.com/departments/department-of-aging/senior-centers)

- Healthy Bones for Life leader
- Meal delivery/Senior dining
- Special events

**Unity House (Troy)**

[www.unityhouseny.org](http://www.unityhouseny.org)

- Clerical
- Special events
- Food pantry/Thrift Shop
- Social media
- Committee volunteers

**US Committee for Refugees and Immigrants (Albany)**

[www.refugges.org/field-office/albany](http://www.refugges.org/field-office/albany)

- Housing helpers
- Front desk
- Refugee mentors
- Pro bono attorneys
- Patient navigators
- Employment educators

**(The) Vegetable Project (Albany)**

[www.vegetableproject.org](http://www.vegetableproject.org)

- Help care for the garden
- Work with students in afterschool program
- Social media and marketing
- Special events

**Victoria Acres Equine Facility (Altamont)**

[www.victoriaacresequinefacility.com](http://www.victoriaacresequinefacility.com)

- Program assistant (lead walker, side walker of horses)
- Stable help
- Facility/grounds help
- Special events

**West Hill Refugee Welcome Center (Albany)**

[www.rwcwesthill.com](http://www.rwcwesthill.com)

- Fundraising
- Grant writing
- Childcare
- Individual/family mentoring

**Women's Employment & Resource Center (Troy)**

[www.cdwerc.org](http://www.cdwerc.org)

- Volunteer coordinator
- Office/clerical
- Data entry

**Whiskers Animal Benevolent League (Albany)**

[www.ewhiskers.com](http://www.ewhiskers.com)

- Adoption Clinic Volunteer
- Shelter Feeding and Cleaning Volunteer

**Whitney M. Young, Jr. Health Center (Albany)**

[www.wmyhealth.org](http://www.wmyhealth.org)

- Special events
- Clerical
- Community outreach
- Newsletter
- Reading hour (1-2x per week)

*Please note: Although stations have a location indicated next to them, many of them serve the greater Capital Region and have programs located throughout the Albany, Rensselaer and Schenectady Counties where you can volunteer. Additionally, most of the organizations above have more opportunities than what is listed here. If an organization is of interest to you but you do not see a desired volunteer role listed, please don't hesitate to inquire about additional opportunities.*

