



# RSVP

Lead with Experience



## RSVP STATION VOLUNTEER OPPORTUNITIES

### **Albany City School District (Albany)**

[www.albanyschools.org/volunteering/index.html](http://www.albanyschools.org/volunteering/index.html)

- Literacy tutor
- In-class helper

### **American Red Cross of Eastern NY (Albany)**

[www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html](http://www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html)

- Drivers for blood donations
- Donor Ambassadors
- Canteen & registration for blood drives
- Services to the Armed Forces

### **Albany International Airport (Albany)**

[www.albanyairport.com](http://www.albanyairport.com)

- Airport Ambassador

### **Military Courtesy Room at the Albany International Airport (Albany)**

[www.jmckennamilitarycourtesyroom.org](http://www.jmckennamilitarycourtesyroom.org)

- Greeter/Ambassador

### **Albany Jewish Community Center (Albany)**

[www.albanyjcc.org](http://www.albanyjcc.org)

- Healthy Bones for Life Leader
- Special Events-Health & Services Fair
- Sixty Plus Dining

### **Albany Memorial Hospital (Albany)**

[www.sphp.com/volunteer-amh](http://www.sphp.com/volunteer-amh)

- Anticoagulation Clinic
- Gift Shop
- Transportation

### **Albany Police Athletic League, Inc. (Albany)**

[www.albanypal.org](http://www.albanypal.org)

- After school & summer mentoring

**Albany Public Library (Albany)**

[www.albanypubliclibrary.org](http://www.albanypubliclibrary.org)

- Assist with library reading programs
- Teach craft class
- Tutor after school
- Computer Assistance

**Alliance for Positive Health (Albany/Schenectady)**

[www.allianceforpositivehealth.org](http://www.allianceforpositivehealth.org)

- Administrative/Office Tasks
- Food pantry
- Special Events

**Alzheimer's Association of NENY (Albany)**

[www.alz.org/northeasternny](http://www.alz.org/northeasternny)

- Clerical
- Distributing information
- Telephone assurance

**Baptist Health Nursing & Rehabilitation Center (Scotia)**

[www.bapthealth.com/new/](http://www.bapthealth.com/new/)

- Special events
- Wheelchair transportation
- Home service projects
- Friendly visitor
- Gift shop

**Catholic Charities (Albany) & Catholic Charities Senior & Caregiver Services of Schenectady (Schenectady)**

[www.cccrca.org](http://www.cccrca.org)

- Companionship
- Distributing information
- Meals on Wheels
- Transportation
- Ombudsman
- Senior dining
- Soup kitchen

**Cohoes Multi-Service Senior Citizens Center (Cohoes)**

[www.cohoesseniorcenter.org](http://www.cohoesseniorcenter.org)

- Clerical
- Healthy Bones for Life leader
- Adult Day Program
- Silver Tops

**Colonie Senior Service Centers, Inc. (Albany)**

[www.colonieseniors.org](http://www.colonieseniors.org)

- Adult day services friendly volunteer
- Activities leader
- Beltrone Singers leader
- Car-Fit technician
- Clerical, mailings
- Country Café
- Event support
- Healthy Bones for Life leader
- Senior Dining
- Transportation companion

**Colonie Youth Center (Albany)**

[www.coloniyouthcenter.org](http://www.coloniyouthcenter.org)

- Before/after school programs (both at CYC and in-district at N. Colonie)
- Summer camp help

**Commission on Economic Opportunity (CEO) (Troy)**

[www.ceoempowers.org](http://www.ceoempowers.org)

- Greeter
- Interpreter
- Receptionist
- Tax preparer

**Community Caregivers (Guilderland)**

[www.communitycaregivers.org](http://www.communitycaregivers.org)

- Companionship
- Transportation
- Telephone assurance

**Early Care & Learning Council (Albany)**

[www.earlycareandlearning.org](http://www.earlycareandlearning.org)

- Clerical
- Programs & services
- Research assistant
- Special projects

**Eddy Village Green at Cohoes (Cohoes)**

[www.sphp.com/eddy-village-green-at-cohoes-cc](http://www.sphp.com/eddy-village-green-at-cohoes-cc)

- Gift shop assistant
- Friendly visitor
- Teaching exercise classes
- Activities/gardening/crafts
- Music/piano playing/singing

**Eddy Village Green and Terrace at Beverwyck (Slingerlands)**

[www.sphp.com/eddy-village-green-at-beverwyck-cc](http://www.sphp.com/eddy-village-green-at-beverwyck-cc)

- Gift shop assistant
- Friendly visitor
- Teaching exercise classes
- Activities/gardening/crafts
- Music/piano playing/singing

**Girls Inc. of the Greater Capital Region (Albany & Schenectady)**

[www.girlsinccapitalregion.org](http://www.girlsinccapitalregion.org)

- After school program volunteers for a variety of topics for girls K-12

**Girls Scouts of NENY (Albany)**

[www.girlscoutsneny.org](http://www.girlscoutsneny.org)

- Activity assistant
- Assistant leader
- Guest speaker for meetings
- Summer camp help
- Special events

**Glen Eddy Senior Living Community (Niskayuna)**

[www.eddyseniorliving.com/our-communities/independent-living/glen-eddy/](http://www.eddyseniorliving.com/our-communities/independent-living/glen-eddy/)

- Healthy Bones for Life leader
- Activities (manicures, reading, games, music, baking, bingo)

**Good Shepherd Lutheran Church (Loudonville)**

[www.gslcl.org](http://www.gslcl.org)

- Food service assistant (ongoing meal programs)
- Gardener/landscape assistant
- Clerical
- Special events

**Habitat for Humanity ReStore (Albany)**

[www.habitatcd.org/restore](http://www.habitatcd.org/restore)

- Clerical
- Greeter/floor volunteer
- Cashier assistant
- Dock volunteer
- Tidier

**Heritage Home for Women (Schenectady)**

[www.heritagehome4women.net](http://www.heritagehome4women.net)

- Friendly visitor
- Special events

**Hope 7 Community Center (Troy)**

[www.hopeseven.com](http://www.hopeseven.com)

- After school program helper
- Food pantry
- Teen Tuesday helpers

**Interfaith Partnership for the Homeless (Albany)**

[www.interfaithpartnership.com](http://www.interfaithpartnership.com)

- Clothing/pantry volunteer
- Front desk clerk
- Floor volunteer/donations sorter
- Nurse volunteer

**Irish American Heritage Museum (Albany)**

[www.irish-us.org](http://www.irish-us.org)

- Museum event assistant
- Museum assistant
- Marketing/PR/social media

**Jezreel International (Albany)**

[www.jezreelinternational.org](http://www.jezreelinternational.org)

- Sorting & packing donated items
- Veteran's Miracle Center

**Joan Nicole Prince Home (Schenectady Community Home, Inc.) (Scotia)**

[www.joannicoleprincehome.org](http://www.joannicoleprincehome.org)

- Cooking
- Comfort support (reading/visiting)
- Yard maintenance/gardening
- Light housekeeping

**Junior Achievement of Northeastern New York (Latham)**

[www.janeny.org](http://www.janeny.org)

- Office assistant
- Conducting life skills programs in schools

**Leukemia & Lymphoma Society of Upstate NY/Vermont (Albany)**

[www.lls.org/upstate-newyorkvermont](http://www.lls.org/upstate-newyorkvermont)

- Office assistant
- Clerical & special events

**Literacy New York Greater Capital Region (Albany & Schenectady)**

[www.literacynycap.org](http://www.literacynycap.org)

- Tutors
- ESL class assistants
- Translators
- Clerical/office assistance

**Muscular Dystrophy Association (Albany)**

[www.mda.org/office/albany](http://www.mda.org/office/albany)

- Special events
- Program material/packet collation

**New York State Office of General Services (Albany)**

[www.ogs.ny.gov](http://www.ogs.ny.gov)

- Capital Tour guides
- Empire State Plaza visitor assistance
- Observation Deck coverage
- NYS Executive Mansion Tours
- South Information Booth

**New Life Church of Christ – God’s Soup Kitchen (Albany)**

**No website**

- Food pantry
- Thrift shop
- Soup kitchen

**New York State Mentoring Program (Rensselaer)**

[www.ny.gov/programs/new-york-state-mentoring-program](http://www.ny.gov/programs/new-york-state-mentoring-program)

- 1-to-1 mentor matched with student at school site in Albany, Cohoes, East Greenbush, Rensselaer, Schenectady, Troy or Watervliet

**NY Statewide Senior Action Council (Albany)**

[www.nysenior.org](http://www.nysenior.org)

- NY Tuesday Senior Program assist with meals and activities for seniors

**Northern Rivers Family Services (Albany)**

[www.northernrivers.org](http://www.northernrivers.org)

- Information desk
- After school program assistant

**North Colonie Central School District (Latham)**

[www.northcolonie.org](http://www.northcolonie.org)

- Tutors – all subjects
- In class assistants
- Life skills mentors

**Pruyn House (Loudonville)**

[www.pruynhouse.org](http://www.pruynhouse.org)

- Clerical
- Summer concert series
- Special events

**Red Bookshelf (Albany)**

[www.theredbookshelf.org](http://www.theredbookshelf.org)

- Book repair
- Book donation drives

**Rensselaer County Historical Society (Troy)**

[www.rchsonline.org](http://www.rchsonline.org)

- Special events
- Library
- Reception desk

**R.I.S.S.E (Refugee & Immigrant Support Services of Emmaus (Albany))**

[www.risse-albany.org/home](http://www.risse-albany.org/home)

- Afterschool programs
- Family helper
- Small group/language support
- Civics tutoring for citizen test
- Special events & projects committees/clerical and grounds clean up

**Sage Colleges, The Academy for Character Education at Esteves School of Education (Troy)**

[www.sage.edu](http://www.sage.edu)

- Clerical
- Special event/projects

**Schenectady County Historical Society/Mabee Farm (Schenectady/Scotia)**

[www.schenectadyhistorical.org](http://www.schenectadyhistorical.org)

- Information desk
- Tour guide
- Special events

**Schenectady Inner City Ministry (Schenectady)**

[www.sicm.us](http://www.sicm.us)

- Food pantry (greeting/sorting/packing/cleaning/driving)
- Summer meals program for youth (set up/arts & crafts/clean up)
- Community garden
- Senior Connect Program (set up/serve lunch/clean up)

**Senior Projects of Ravenna (Ravenna)**

**No website**

- Meals on Wheels drivers
- Medical appointment drivers
- Meal server/packager for delivery
- Assist with planning Senior Center activities
- Thrift Shop

**Senior Services of Albany (Albany)**

[www.seniorservicesofalbany.com](http://www.seniorservicesofalbany.com)

- Clerical
- Food delivery
- Senior dining
- Transportation
- Telephone assurance

**Shaker Heritage Society (Albany)**

[www.shakerheritage.org](http://www.shakerheritage.org)

- Gift shop
- Tour guide
- Curate old photos/documents

**South Colonie Central School District (Albany)**

[www.southcolonieschools.org](http://www.southcolonieschools.org)

- Tutor-reading
- In-classroom assistant

**Spina Bifida Association of Northeast NY (Scotia)**

[www.sbaneny.org](http://www.sbaneny.org)

- Clerical
- Special events/fundraising
- Bookkeeping
- Tech support

**St. Peter's Hospital (Albany)**

[www.sphp.com/sph](http://www.sphp.com/sph)

- Information desk
- Gift shop
- Egan Family Waiting Room
- Orthopedic Joint Center



**STRIDE Adaptive Sports (West Sand Lake)**

[www.stride.org](http://www.stride.org)

- Swimming instructors
- Camp counselors
- Clerical/office work
- Special Events

**Sunnyview Hospital (Schenectady)**

[www.sphp.com/svh](http://www.sphp.com/svh)

- Healthy Bones for Life leader
- Clerical
- Transportation
- Recreation Department
- Nursing Unit
- Gift Shop
- Wellness Center
- Cardiopulmonary Unit
- Reception Desk 2<sup>nd</sup> Floor (Outpatient Unit)

**Town of Bethlehem Parks & Recreation (Delmar)**

[www.townofbethlehem.org/140/Parks-Recreation](http://www.townofbethlehem.org/140/Parks-Recreation)

- Healthy Bones for Life leader

**Town of Colonie Senior Resource Department (Albany)**

[www.colonie.org/departments/seniors/](http://www.colonie.org/departments/seniors/)

- Grocery shopping assistance
- Health insurance counseling (data entry)

**Town of Guilderland Senior Services (Guilderland)**

[www.townofguilderland.org/senior-services](http://www.townofguilderland.org/senior-services)

- Health & Wellness Program leaders
- Senior dining
- Meals on Wheels
- Needle craft

**Children's Museum of Science & Technology (Troy)**

[www.cmost.org](http://www.cmost.org)

- Handy person
- Program assistant

**Troy Senior Center (Troy)**

[www.rensco.com/departments/department-of-aging/senior-centers](http://www.rensco.com/departments/department-of-aging/senior-centers)

- Healthy Bones for Life leader
- Meal delivery/Senior dining
- Special events

**Unity House (Troy)**

[www.unityhouseny.org](http://www.unityhouseny.org)

- Clerical
- Special events
- Food pantry
- Thrift shop
- Social media
- Committee volunteers

**US Committee for Refugees and Immigrants (Albany)**

[www.refugges.org/field-office/albany](http://www.refugges.org/field-office/albany)

- Housing helpers
- Front desk
- Refugee mentors
- Pro bono attorneys
- Patient navigators
- Employment educators

**(The) Vegetable Project (Albany)**

[www.vegetableproject.org](http://www.vegetableproject.org)

- Help care for the garden
- Work with students in afterschool program
- Social media and marketing
- Special events

**Victoria Acres Equine Facility (Altamont)**

[www.victoriaacresequinefacility.com](http://www.victoriaacresequinefacility.com)

- Program assistant (lead walker, side walker of horses)
- Stable help
- Facility/grounds help
- Special events

**West Hill Refugee Welcome Center (Albany)**

[www.rwcwesthill.com](http://www.rwcwesthill.com)

- Fundraising
- Grant writing
- Childcare
- Individual/family mentoring

**Women's Employment & Resource Center (Troy)**

[www.cdwerc.org](http://www.cdwerc.org)

- Volunteer coordinator
- Office/clerical
- Data entry

**Whitney M. Young, Jr. Health Center (Albany)**

[www.wmyhealth.org](http://www.wmyhealth.org)

- Special events
- Clerical
- Community outreach
- Newsletter
- Reading hour (1-2x per week)

Please note: Although stations have a location indicated next to them, many of them serve the greater Capital Region and have programs located throughout the Albany, Rensselaer and Schenectady Counties where you can volunteer.

Additionally, most of the organizations above have more opportunities than what is listed here, with their major needs being the ones listed here. If an organization is of interest to you but you do not see a desired volunteer role listed, please don't hesitate to inquire about additional opportunities with that organization.