

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



American Red Cross-Albany Blood District (Albany)

www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html

- Drivers for Blood Donations

American Red Cross of Eastern NY (Albany)

www.redcross.org/local/new-york/eastern-new-york/about-us/locations/northeastern-new-york.html

- Donor Ambassadors
- Canteen & Registration for blood drives

Albany International Airport (Albany)

www.albanyairport.com

- Airport Ambassador
- Military Courtesy Room

Albany Jewish Community Center (Albany)

www.albanyjcc.org

- Healthy Bones for Life Leader
- Special Events-Health & Services Fair
- Sixty Plus Dining

Albany Memorial Hospital (Albany)

www.sphp.com/volunteer-amh

- Anticoagulation Clinic
- Gift Shop
- Transportation

Albany Police Athletic League, Inc. (Albany)

www.albanypal.org

- Mentors-students

Albany Public Library (Albany)

www.albanypubliclibrary.org

- Assist with library various reading programs
- Teach Craft classes
- Tutor After School
- Computer Assistance

Alliance for Positive Health (Albany)

www.allianceforpositivehealth.org

- Administrative/Office Tasks
- Pantry Volunteers
- Special Events

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



Alzheimer's Association of NENY (Albany)

www.alz.org/northeasternny

- Clerical
- Distributing Information
- Telephone Assurance

Baptist Health Nursing & Rehabilitation Center (Scotia)

www.bapthealth.com/new/

- Special events
- Wheelchair Transportation
- Home Service Projects
- Friendly Visitor
- Gift Shop

Catholic Charities & Catholic Charities Senior & Caregiver Services of Schenectady (Albany & Schenectady)

www.ccrda.org

- Companionship
- Distributing Information
- Meals on Wheels
- Transportation
- Ombudsman
- Senior Dining
- Soup Kitchen

City School District of Albany (Albany)

www.albanyschools.org/volunteering/index.html

- Reading Tutor

Cohoes Multi Service Senior Citizens Center (Cohoes)

www.cohoesseniorcenter.org

- Clerical
- Healthy Bones for Life Leader
- Adult Day Program
- Silver Tops

Colonie Senior Service Centers, Inc. (Albany)

www.colonieseniors.org

- Adult Day Services Friendly Volunteer
- Around Town Trip Planning Group
- Arthritis Exercise & Wellness Leader
- Arts Instructor
- Beltrone Singers Leader
- Car-Fit Technician
- Clerical, Mailings
- Computer Instruction
- Country Café Cashier/Clerk
- Dance Instructor
- Event Support
- Tool Box
- Healthy Bones for Life Leader
- Keeping Your Balance Leader
- Knitting for Charity
- Low Impact Aerobics Leader
- Senior Dining Program
- Transportation - Escort Wagon Driver

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



- Transportation Companion
- Writers Workshop Facilitator

Colonie Youth Center (Albany)

www.coloniyouthcenter.org

- School Age Child Care Volunteer Counselor

Commission on Economic Opportunity (CEO) (Troy)

www.ceoempowers.org

- VITA Greeter
- VITA Interpreter
- VITA Receptionist
- VITA Tax Preparer

Community Caregivers (Guilderland)

www.communitycaregivers.org

- Companionship
- Transportation
- Telephone Assurance

Early Care & Learning Council (Albany)

www.earlycareandlearning.org

- Clerical
- Programs & Services
- Research Assistance
- Special Projects

Eddy Village Green at Cohoes (Cohoes)

www.sphp.com/eddy-village-green-at-cohoes-cc

- Gift Shop Assistant
- Friendly Visitor
- Teaching Exercise Classes
- Activities/Gardening/Crafts
- Music/Piano Playing/Singing

Eddy Village Green and Terrace at Beverwyck (Slingerlands)

www.sphp.com/eddy-village-green-at-beverwyck-cc

- Gift Shop Assistant
- Friendly Visitor
- Teaching Exercise Classes
- Activities/Gardening/Crafts
- Music/Piano Playing/Singing

Girls Incorporated of the Greater Capital Region (Albany & Schenectady)

www.girlsinccapitalregion.org

- After School Program Volunteers-Diverse program topics for girls K-12

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



Girl Scouts of NENY (Albany)

www.girlscoutsneny.org

- Activity Assistant
- Assistant Leader
- Guest Speaker for meetings

Glen Eddy Retirement Community-Niskayuna (Niskayuna)

www.eddyseniorliving.com/our-communities/independent-living/glen-eddy/

- Healthy Bones for Life Leader

Heritage Home for Women (Schenectady)

www.heritagehome4women.net

- Friendly Visitor

Hope 7 Community Center (Troy)

www.hopeseven.com

- After School Program Helper
- Food Pantry

Interfaith Partnership for the Homeless (Albany)

www.interfaithpartnership.com

- Clothing/Pantry Volunteer
- Front Desk Clerk
- Floor Volunteer/Donations Sorter
- Nurse Volunteer

Irish American Heritage Museum (Albany)

www.irish-us.org

- Museum Event Assistant
- Museum Assistant
- Museum Marketing, PR and Social Media Associate

Jezreel International (Albany)

www.jezreelinternational.org

- Sorting & Packing donated items
- Veteran's Miracle Center

Junior Achievement of Northeastern New York (Latham)

www.janeny.org

- Office Assistant
- Volunteers for conducting life skills programs in schools

Leukemia & Lymphoma Society of Upstate NY/Vermont (Albany)

www.lls.org/upstate-new-yorkvermont

- Office Assistant
- Clerical & Special Event volunteer

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



Literacy New York Greater Capital Region (Albany & Schenectady)

www.literacynycap.org

- Tutors
- ESL Class Assistants
- Translators
- Clerical/Office assistance

Muscular Dystrophy Association (Albany)

www.mda.org/office/albany

- Volunteers for special events
- Program material/packets collation

New York State Office of General Services (Albany)

www.ogs.ny.gov

- Capital Tour Volunteers
- Visitor Assistance on the Empire State Plaza
- Observation Deck Coverage
- NYS Executive Mansion Tours
- South Information Booth

New Life Church of Christ – God’s Soup Kitchen (Albany)

No website

- Food Pantry
- Thrift shop
- Soup Kitchen

New York State Mentoring Program (Rensselaer)

www.ny.gov/programs/new-york-state-mentoring-program

- 1-to-1 mentor matched with student at school site (1 hour per week)
- Schools located in Albany, Cohoes, East Greenbush, Rensselaer, Schenectady, Troy, Watervliet

NY State Wide Senior Action Council (Albany)

www.nysenior.org

- NY Tuesday Senior Program assist with meals and activities for seniors

Northern Rivers Family Services (Albany)

www.northernrivers.org

- Information Desk Volunteer
- After School Program Volunteer assistant

North Colonie Central Schools (Latham)

www.northcolonie.org

- Tutor - Math
- Tutor – Reading

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



RSVP

Lead with Experience

Pruyn House (Latham)

www.pruynhouse.org

- Clerical
- Summer Concert help
- Special Events

Red Bookshelf (Albany)

www.theredbookshelf.org

- Book Preparers
- Book donation drive volunteers
- Volunteers to maintain books in the Red Bookshelves

Rensselaer County Historical Society (Troy)

www.rchsonline.org

- Special event volunteer
- Library volunteer
- Reception desk volunteer

R.I.S.S.E (Refugee & Immigrant Support Services of Emmaus (Albany))

www.risse-albany.org/home

- Afterschool Programs
- Family Helper
- Small group/language support
- Civics tutoring for citizen test
- Special Events & Projects/Committees/Clerical/Grounds Clean-Up

Schenectady County Historical Society/Mabee Farm (Schenectady/Scotia)

www.schenectadyhistorical.org

- Information Desk
- Tour Guide
- Nature Trail Maintenance
- Special Event Volunteer

Schenectady Home Furnishings (Schenectady)

www.schenectadyhomefurnishings.org

- Appliance Repair
- Driver
- Furniture Repair

Schenectady Inner City Ministry (Schenectady)

www.sicm.us

- Food Pantry Volunteer

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



RSVP

Lead with Experience

Senior Projects of Ravena (Ravena)

No website

- Meals on Wheels drivers
- Medical appointment drivers
- Meal server/packager for delivery
- Assist with planning Senior Center activities
- Thrift Shop

Senior Services of Albany (Albany)

www.seniorservicesofalbany.com

- Clerical
- Companionship
- Food Delivery
- Senior Dining
- Sewing
- Telephone Assurance
- Transportation

Shaker Heritage Society (Albany)

www.home.shakerheritage.org

- Gift Shop
- Tour Guide
- Helping curate old photos/documents

South Colonie School District (Albany)

www.southcolonieschools.org

- Tutor-Reading

St. Peter's Hospital (Albany)

www.sphp.com/sph

- Information desk
- Gift Shop
- Egan Family Waiting Room
- Orthopedic Joint Center

STRIDE Adaptive Sports (West Sand Lake)

www.stride.org

- Swimming instructors
- Camp Counselors
- Clerical/Office Work
- Special Events

Sunnyview Hospital (Schenectady)

www.sphp.com/svh

- Healthy Bones for Life Leader
- Clerical
- Transportation
- Recreation Department

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



- Nursing Unit
- Gift Shop
- Wellness Center
- Recycling
- Cardiopulmonary Unit
- Reception Desk 2nd floor

The Academy for Character Education at Esteves School of Education the Sage Colleges (Troy)

www.sage.edu

- Office volunteer
- Special Event/Project volunteer

Town of Bethlehem Parks & Recreation (Delmar)

www.townofbethlehem.org/140/Parks-Recreation

- Healthy Bones for Life Leader

Town of Colonie Senior Resource Department (Albany)

www.colonie.org/departments/seniors/

- Grocery Shopping Assistance
- Health Insurance Counseling (data entry)

Town of Guilderland Senior Services (Guilderland)

www.townofguilderland.org/senior-services

- Health & Wellness Program Leaders
- Senior Dining
- Meals on Wheels Drivers
- Needle Craft

Children's Museum of Science & Technology (Troy)

www.cmost.org

- Handy Person/Jack of All Trades
- Museum Program Assistant

Troy Senior Center (Troy)

www.rensco.com/departments/department-of-aging/senior-centers

- Healthy Bones for Life Leader
- Meal Delivery
- Senior Dining
- Special Events
- Ombudsman Program

Unity House (Troy)

www.unityhouseny.org

- Clerical
- Special Events
- Food Pantry
- Thrift Shop
- Social Media
- Committee volunteers

RSVP Station Volunteer Opportunities



Capital Region RSVP Sponsor



US Committee for Refugees and Immigrants (Albany)

www.refugees.org/field-office/albany

- Housing Helpers
- Front Desk Volunteers
- Refugee Mentors
- Pro Bono Attorneys
- Patient Navigator Volunteers
- Employment Educator Volunteers

Victoria Acres Equine Facility (Altamont)

www.victoriaacresequinefacility.com

- Program Assistant Volunteers (lead walker, side walker of horses)
- Stable help
- Facility/grounds help
- Special Events

Women's Employment & Resource Center (Troy)

www.cdwerc.org

- Volunteer coordinator
- Office/Clerical volunteer
- Data entry volunteer

Whitney M. Young, Jr. Health Center (Albany)

www.wmyhealth.org

- Special Events
- Clerical
- Community Outreach
- Newsletter
- Reading Hour (1-2x per week)

Please note: Although stations have a location indicated next to them, many of them serve the greater Capital District and have programs located throughout the Albany, Rensselaer Counties where you can volunteer.